

Learning from crisis: lessons from COVID-19 for building global health security

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November 2, 2020

The Academy of Medical Sciences and The Lancet International Health Lecture

THE
LANCET  The **Academy of
Medical Sciences**

I WILL Learn my Lesson

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PRICE 78.99 THE NEW YORKER MAR. 9 2020

BRITAIN'S BEST QUALITY NEWSPAPER

The Daily Telegraph

End of freedom

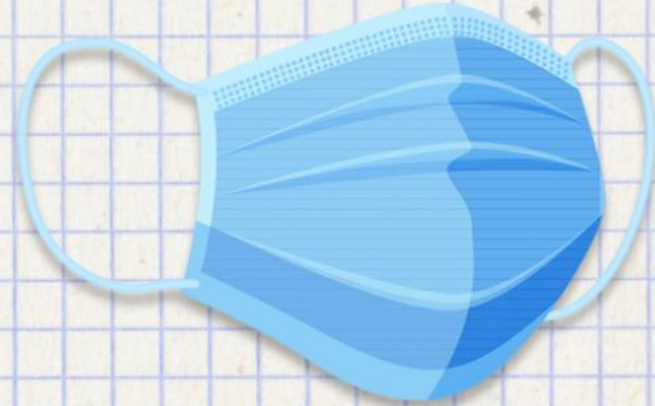
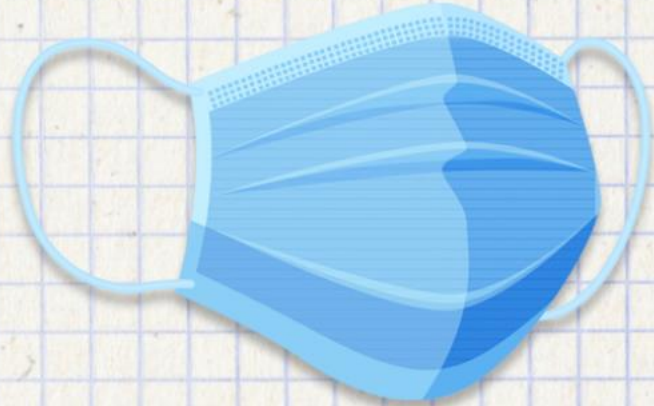
◆ All public gatherings of more than two people to be outlawed with threat of fines	◆ All non-essential shops to be closed as restrictions imposed for three-week period	◆ Scientists told Prime Minister the NHS faced collapse unless public responded
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WHY DID

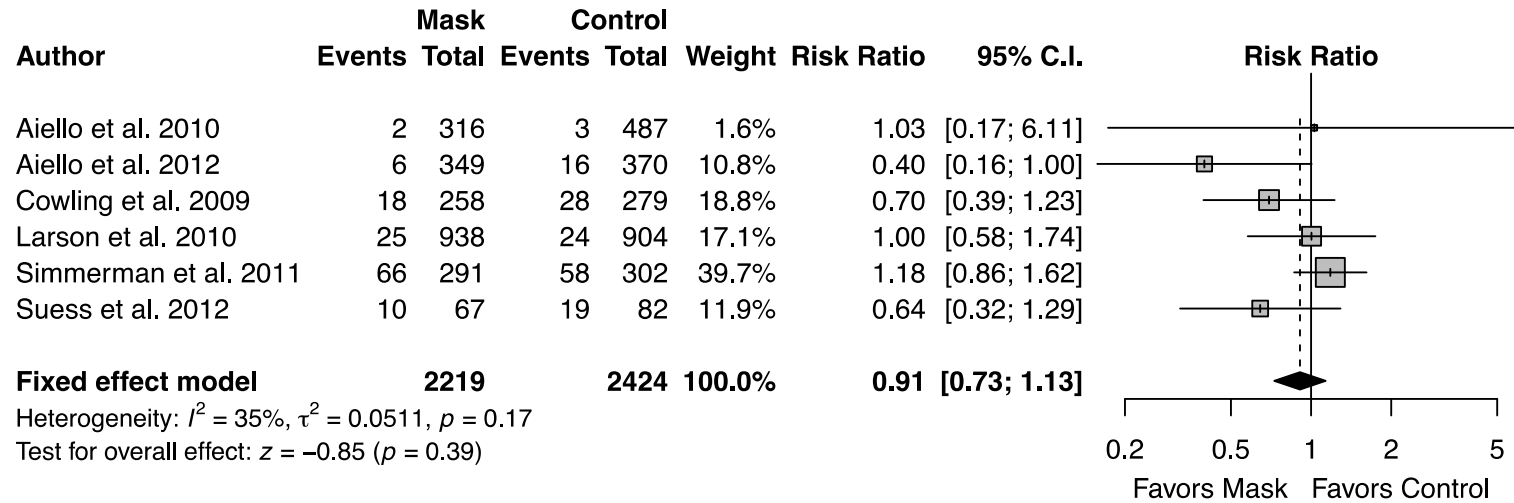


MASK GUIDANCE CHANGE?



Pre-COVID: evidence base on effectiveness of face masks against influenza in the community

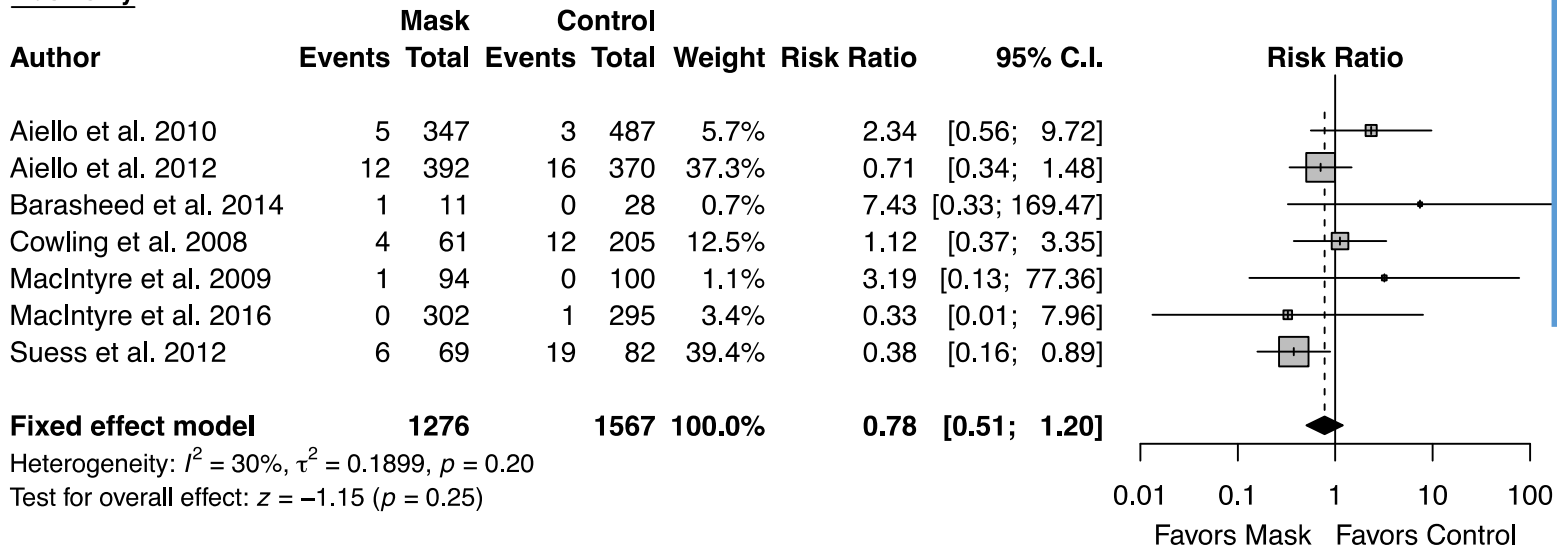
Facemask and hand hygiene



Ten RCTs were included in the meta-analysis, and there was no evidence that face masks are effective in reducing transmission of laboratory-confirmed influenza (pooled estimate was not statistically significant).

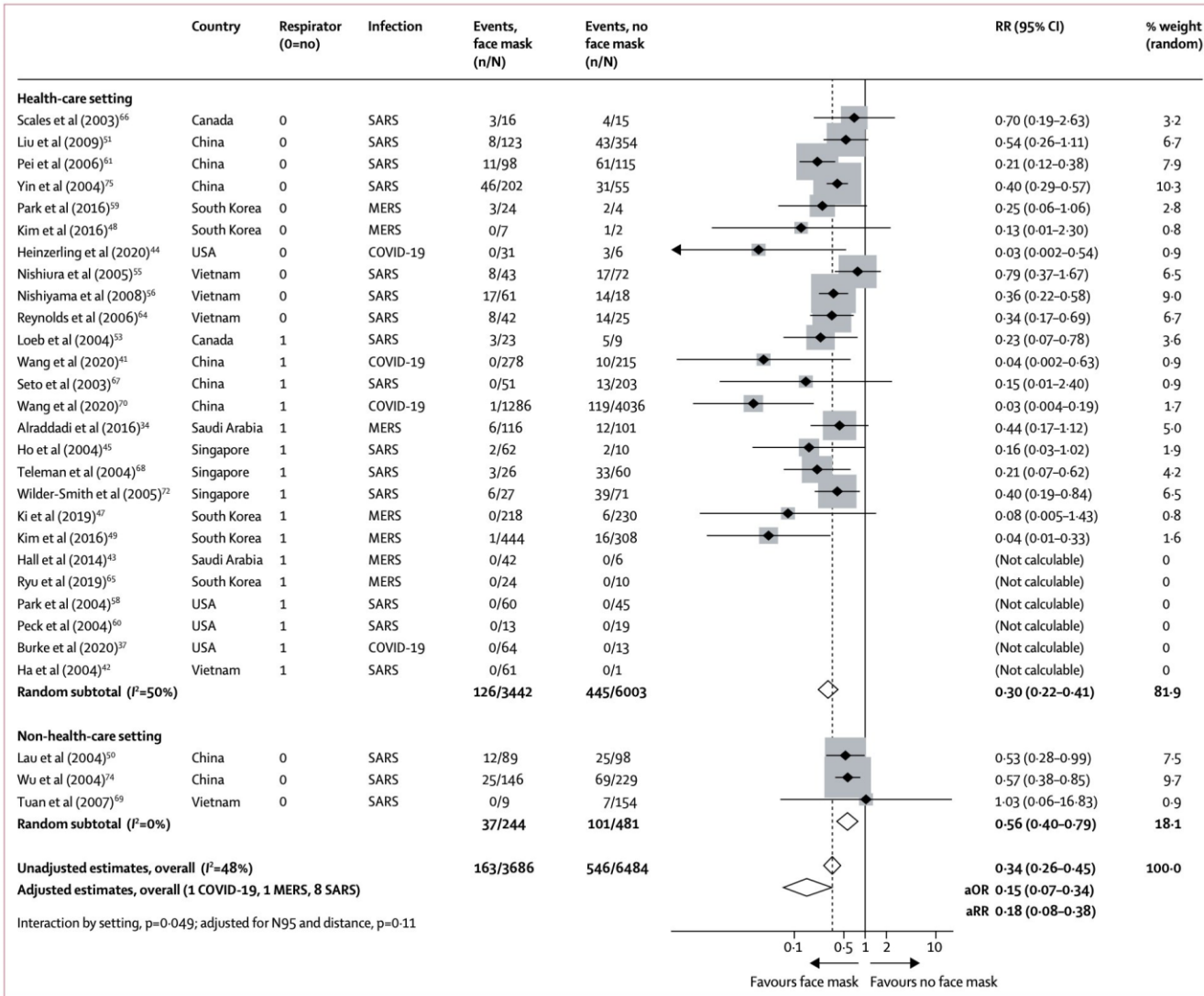
Some evidence of a limited benefit of hand hygiene and face masks for confirmed influenza

Mask only



Point estimate – 10% to 20% reduction in influenza transmission associated with universal face mask use and enhanced hand hygiene

Rapid review in Lancet on face masks against SARS, MERS and COVID-19 mostly in health-care settings



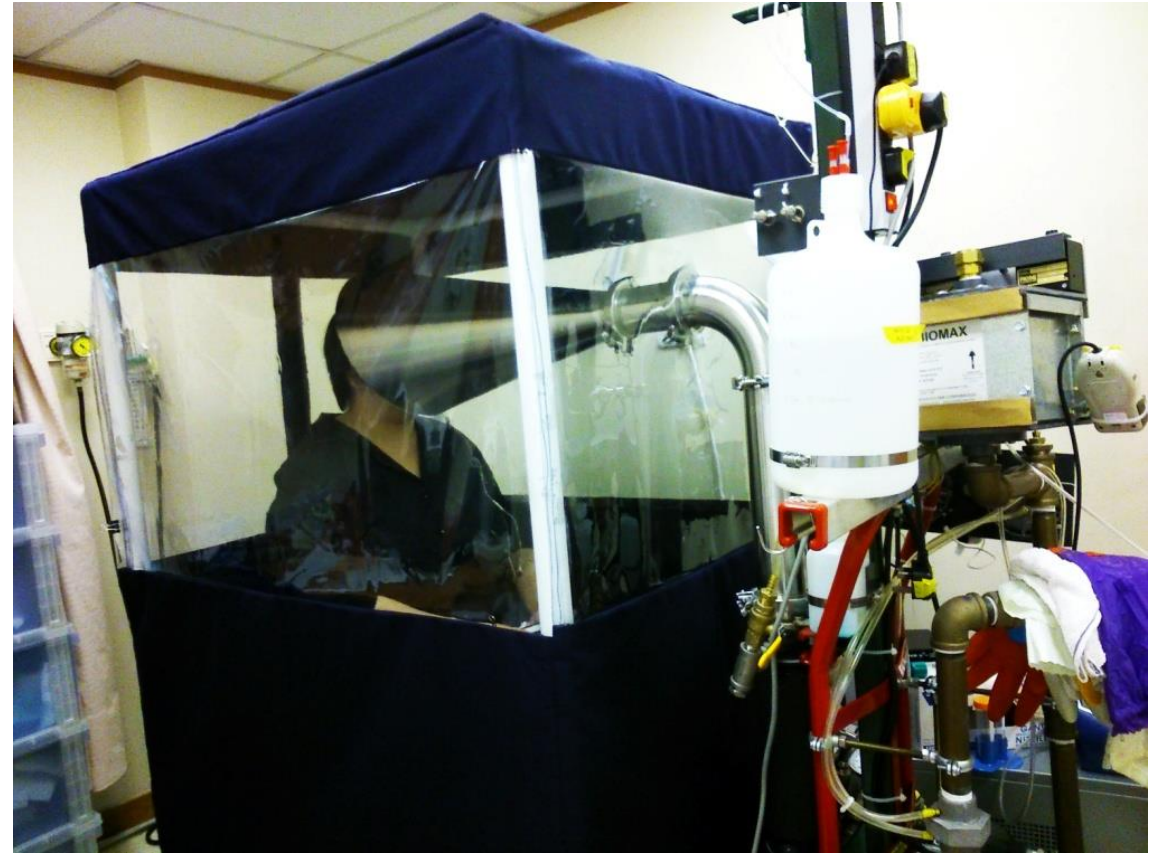
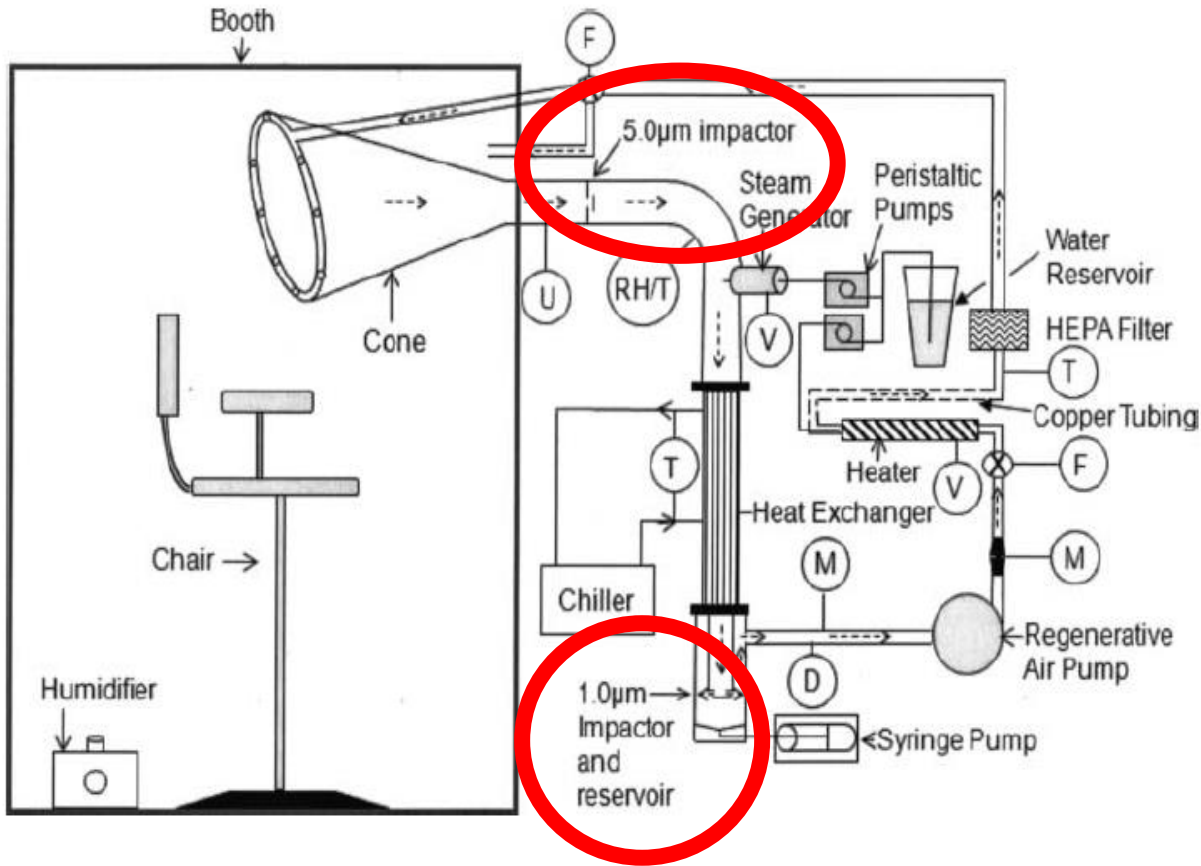
Very strong effects of face masks in health care settings (but likely confounded by use of other PPE). Many unadjusted estimates are included.

Three community studies shown at bottom of forest plot, but actually Lau et al. (2004) refers to mask use when visiting a family member with SARS in hospital, which is a healthcare exposure. SARS and MERS have limited community spread, data on community effectiveness of masks on these diseases are less informative.

By the way, the same review estimated that eye protection reduced the risk of SARS/MERS/COVID by 75% ...

Figure 4: Forest plot showing unadjusted estimates for the association of face mask use with viral infection causing COVID-19, SARS, or MERS
SARS=severe acute respiratory syndrome. MERS=Middle East respiratory syndrome. RR=relative risk. aOR=adjusted odds ratio. aRR=adjusted relative risk.

HKU study on virus in exhaled breath

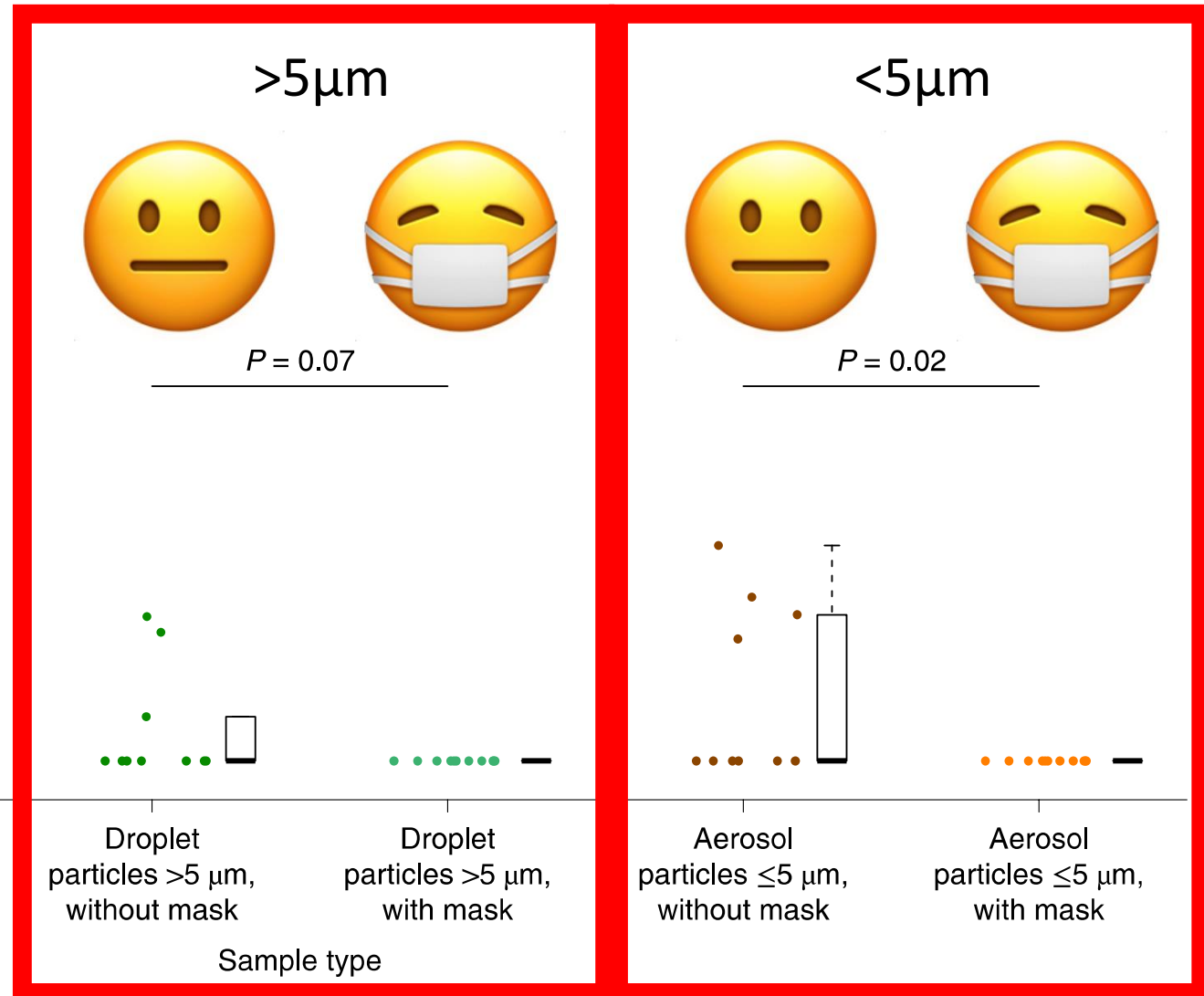
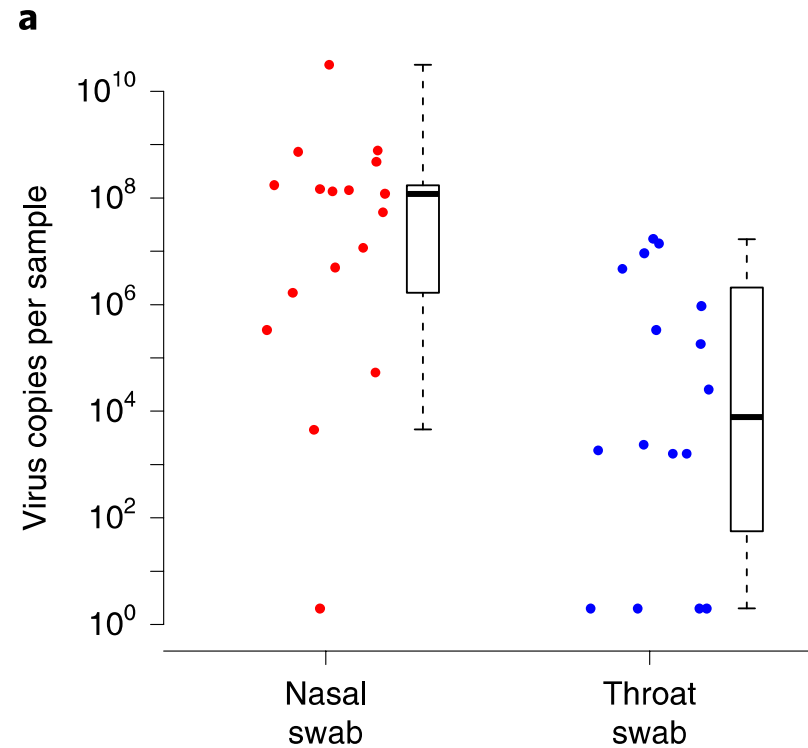


We collected exhaled breath (30-minute samples) from 246 outpatients with acute respiratory illness, randomly allocated to wear a surgical mask or not. Exhaled breath was split into coarse fraction $>5\mu\text{m}$ and fine fraction $<5\mu\text{m}$

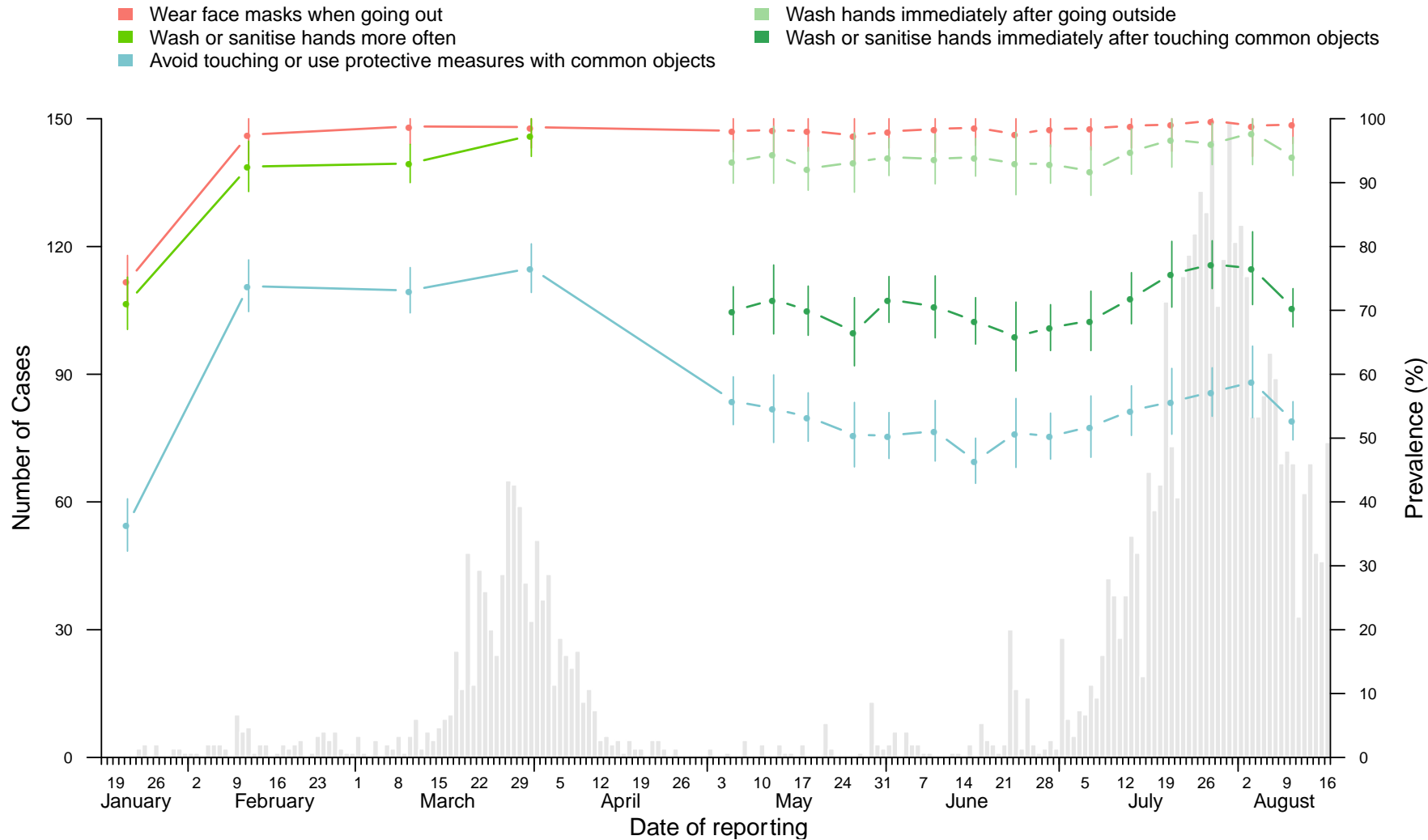
Milton DK, et al. Influenza Virus Aerosols in Human Exhaled Breath: Particle Size, Culturability, and Effect of Surgical Masks. PLoS Pathog 2013;9(3):e1003205.

McDevitt JJ, et al. Development and Performance Evaluation of an Exhaled-Breath Bioaerosol Collector for Influenza Virus. Aerosol Sci Technol 2013;47(4):444-51.

Human coronaviruses



Two community epidemics of COVID-19 in Hong Kong despite >99% use of face masks in community



In repeated large telephone surveys of population behaviors we found >99% of adults in Hong Kong reported wearing masks in public.

However, most large outbreaks in Hong Kong have occurred in places where masks are not worn: Bars, restaurants, gyms, elderly homes, workers dormitories.

Very high use of face masks throughout

Test+trace with isolation and quarantine throughout

Civil servants
work at home

Civil servants work
at home

Civil servants
work at home

Schools closed

Relaxation of
social
distancing
measures

Schools closed

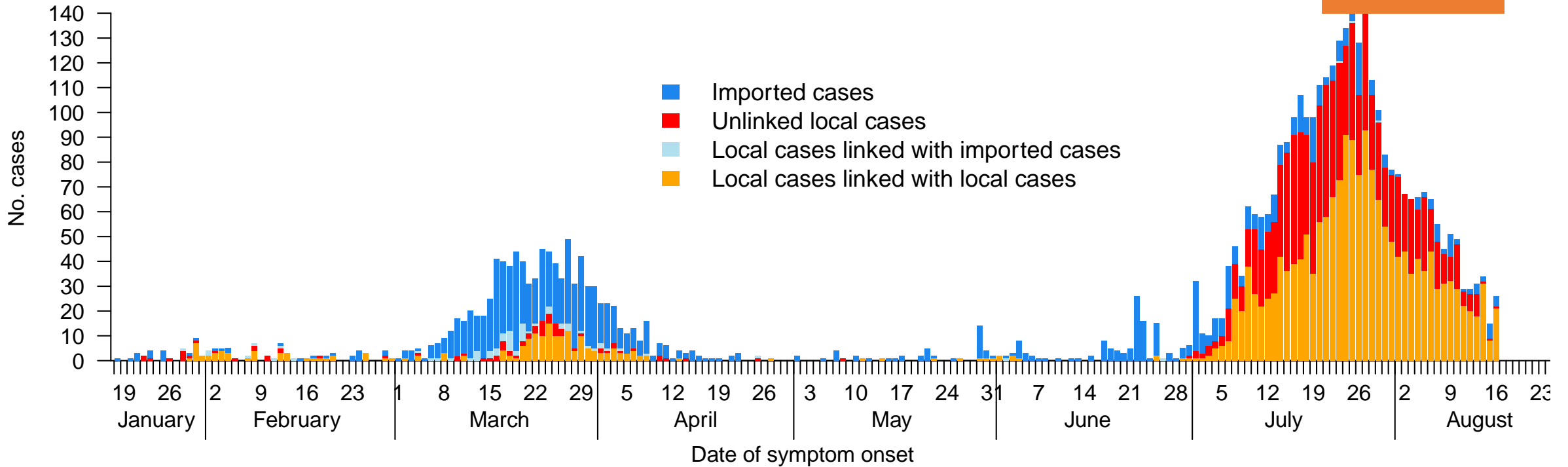
Reduce mass gatherings

Reduce mass
gatherings

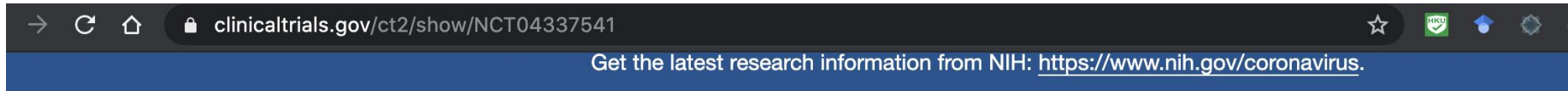
Restaurant restrictions

Restaurant
restrictions

A



Danish trial



Reduction in COVID-19 Infection Using Surgical Facial Masks Outside the Healthcare System



The safety and scientific validity of this study is the responsibility of the study sponsor and investigators. Listing a study does not mean it has been evaluated by the U.S. Federal Government. Read our [disclaimer](#) for details.

ClinicalTrials.gov Identifier: NCT04337541

Recruitment Status ⓘ : Completed
First Posted ⓘ : April 7, 2020
Last Update Posted ⓘ : August 3, 2020

Sponsor:

Rigshospitalet, Denmark

Collaborators:

Nordsjaellands Hospital
Hvidovre University Hospital
Herlev Hospital
Technical University of Denmark

Information provided by (Responsible Party):

Henning Bundgaard, Rigshospitalet, Denmark

Trial of 6000 adults randomized to wear mask in community vs not

Powered to identify a 50% reduction in risk of COVID-19 (from 2% to 1%), but such a strong effect of face masks is quite unlikely based on previous literature ...

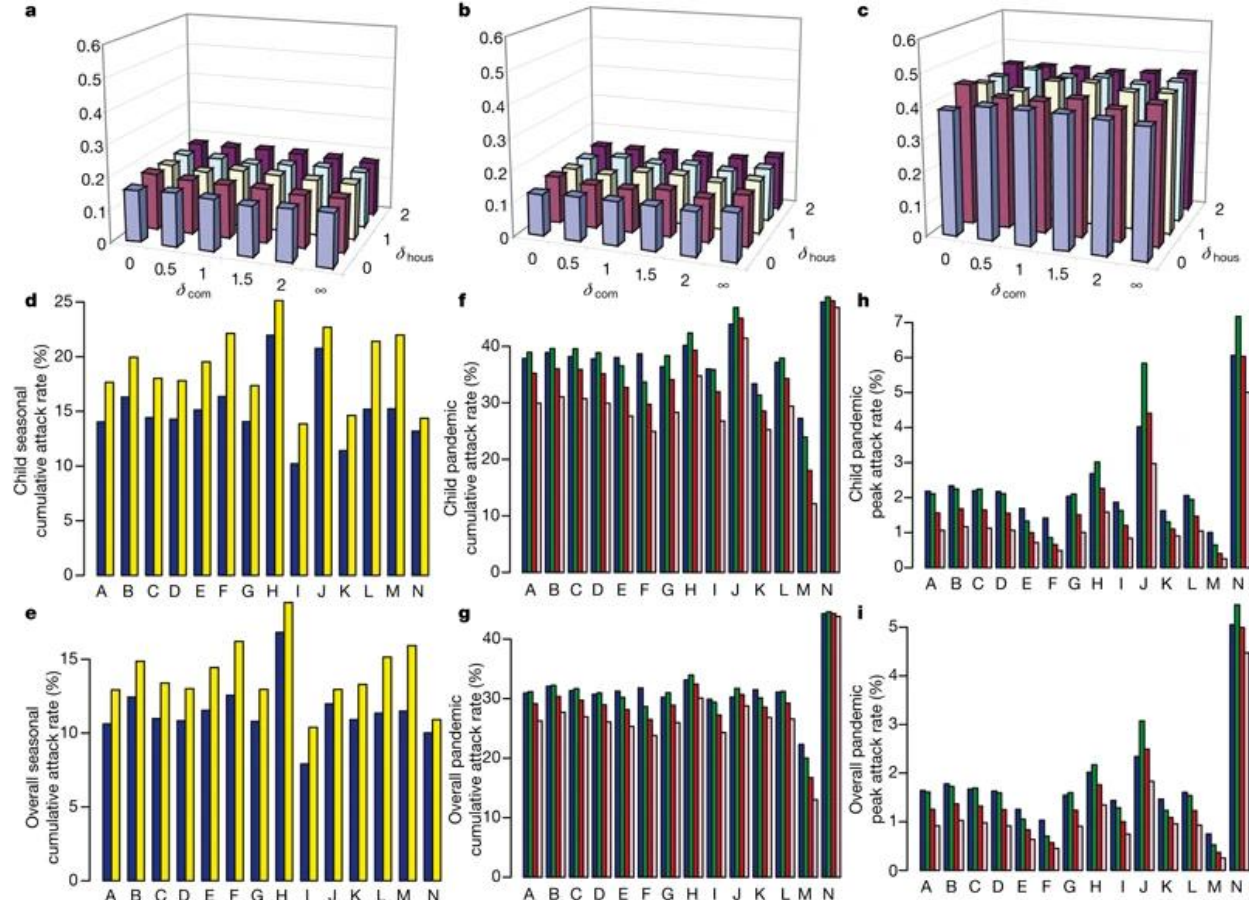
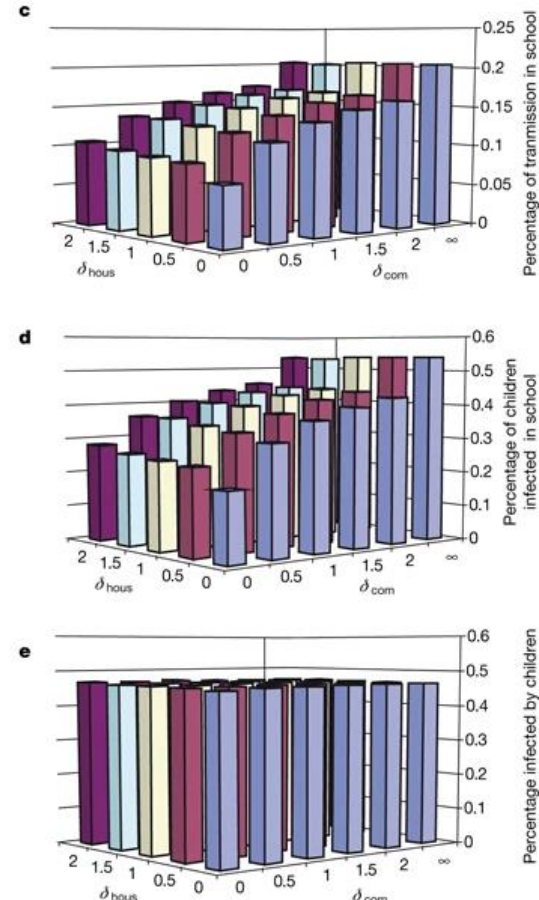
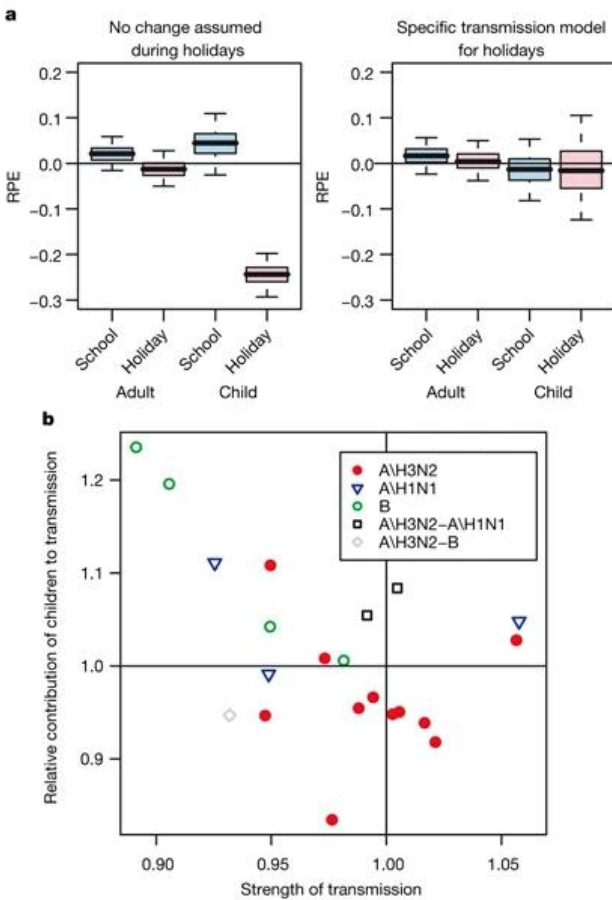
Results have not yet been reported. A negative result in this trial would not mean that masks don't work.

State of the Science

- Limited evidence base for the effectiveness of face masks in the community for influenza epidemics and pandemics, but data are consistent with a 10% to 20% reduction in transmission.
- Mechanistic evidence that face masks can provide source control of virus-laden droplets and aerosols
- Mechanistic evidence that face masks can provide protection for the wearer
- Fallacious to argue “masks don’t have 100% effect in stopping transmission therefore masks are useless”. A 10% reduction in transmission would be valuable!
- However, widespread use of face masks in Hong Kong has been insufficient to stop two community epidemics. Both epidemics were controlled after the implementation of moderate social distancing measures.



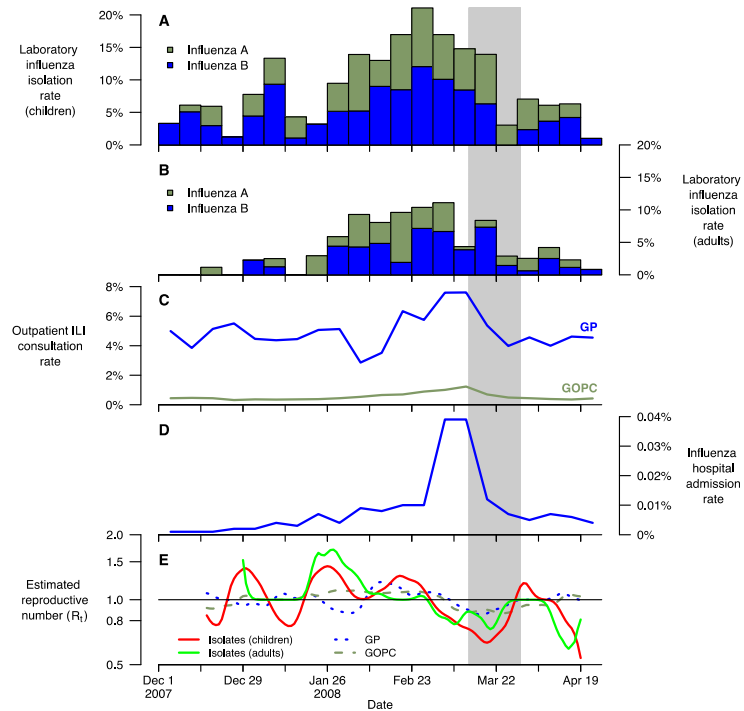
Joint analysis of surveillance data and holiday timing in France show that holidays prevent 16–18% of seasonal influenza cases



Should schools be closed, and for how long?

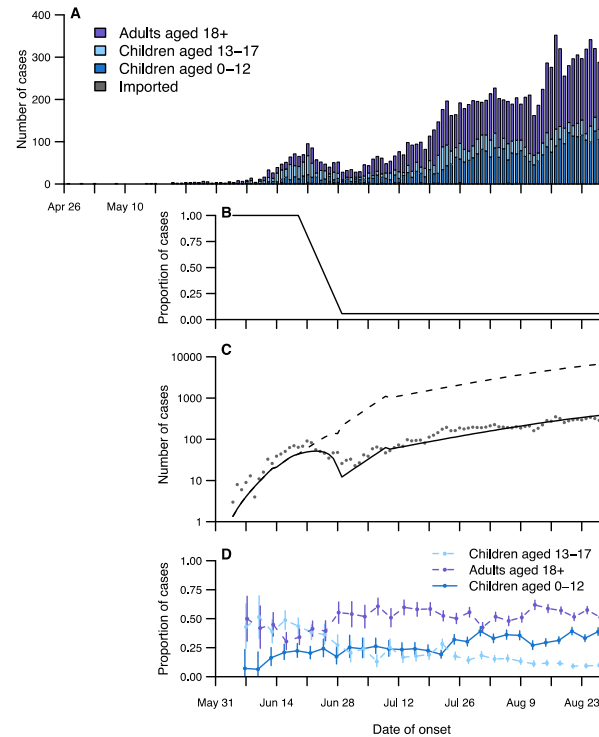
Susceptibility, severity and infectiousness in children

2008...too little, too late



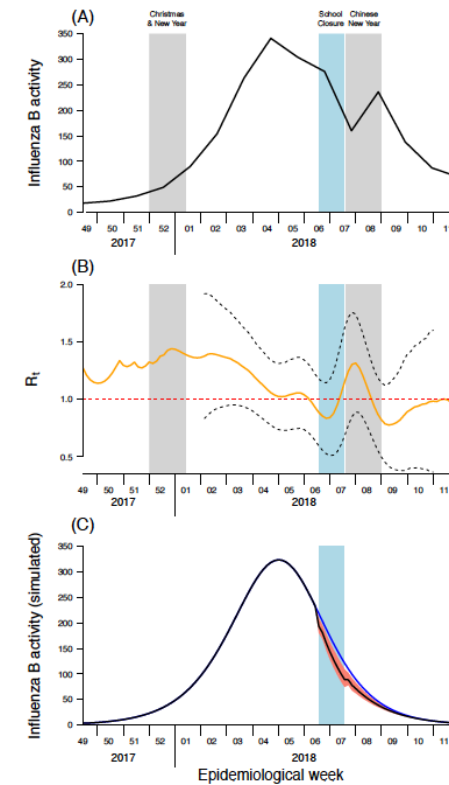
Cowling et al. 2008 *EID*

2009...12-25% reduction in transmissibility...peak delayed



Wu et al. 2010 *EID*

2018 Flu B



Ali et al. 2018 *EID*

MEDICINE AND SOCIETY

Debra Malina, Ph.D., *Editor*

Reopening Primary Schools during the Pandemic

Meira Levinson, D.Phil., Muge Cevik, M.D., and Marc Lipsitch, D.Phil.

“Whether (and how) to reopen primary schools is not just a scientific and technocratic question. It is also an emotional and moral one. Our sense of responsibility toward children — at the very least, to protect them from the vicissitudes of life, including the poor decision making of adults who allow deadly infections to spiral out of control — is core to our humanity.”

SIMULATING THE POTENTIAL IMPACTS OF COVID-19 SCHOOL CLOSURES ON SCHOOLING AND LEARNING OUTCOMES: A SET OF GLOBAL ESTIMATES

JUNE 2020
Conference edition

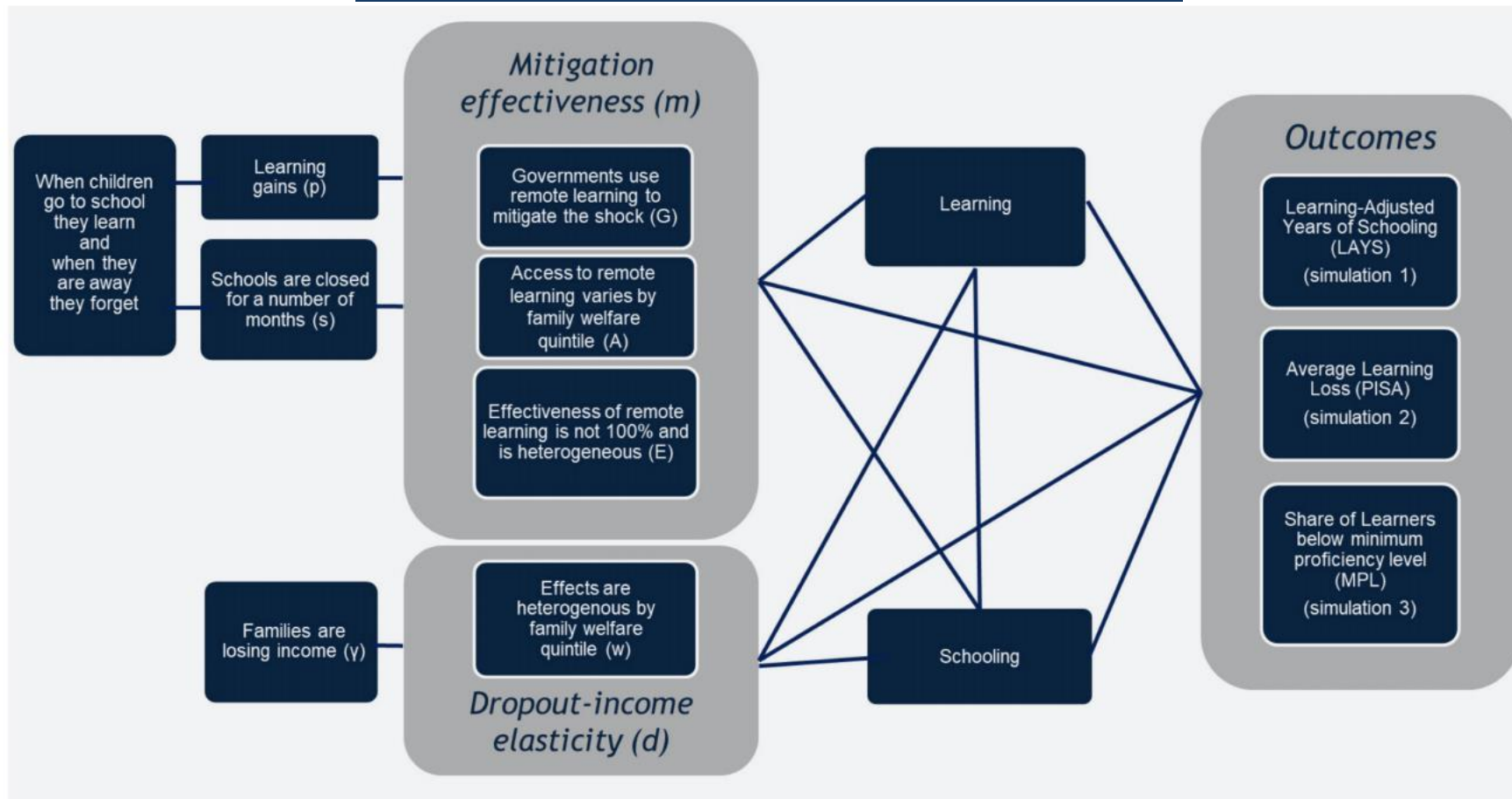


Figure 7: Learning adjusted years of schooling will fall 0.6 years, or 7%, in the intermediate scenario

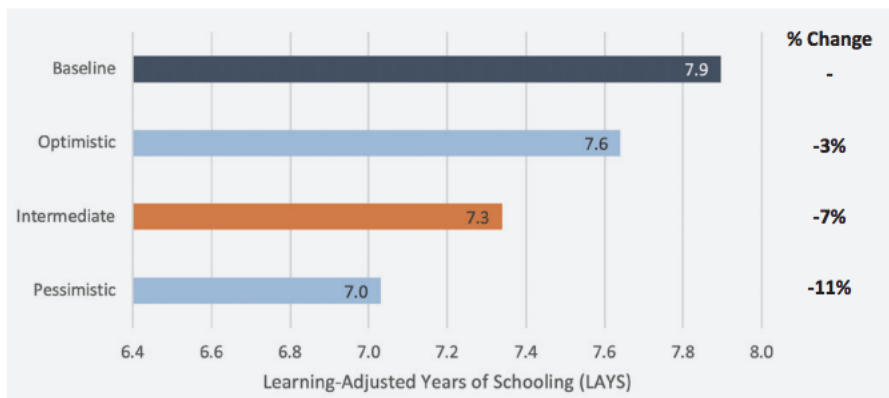
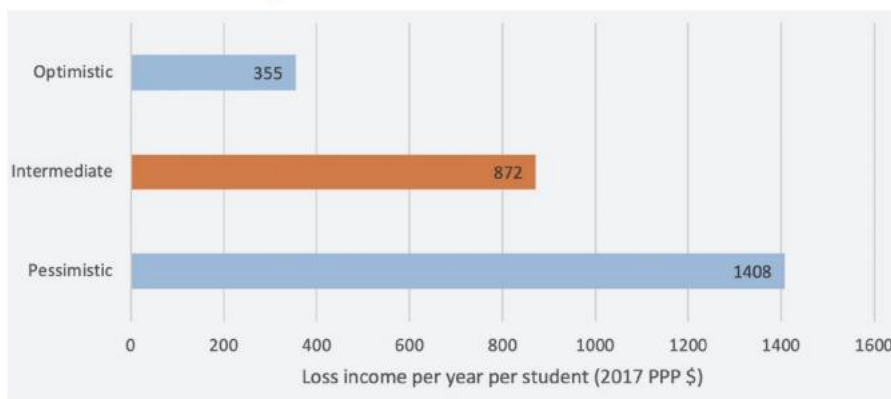


Figure 8: Expected earnings will fall due to reductions in learning-adjusted years of schooling



Note: Results based on latest available LAYs of 157 countries (unweighted average); Coverage of 97% of the population ages 4–17 (see annex A.3.9 for more details).

Figure 9: Average PISA scores will fall 16 points, or 4%, in the intermediate scenario

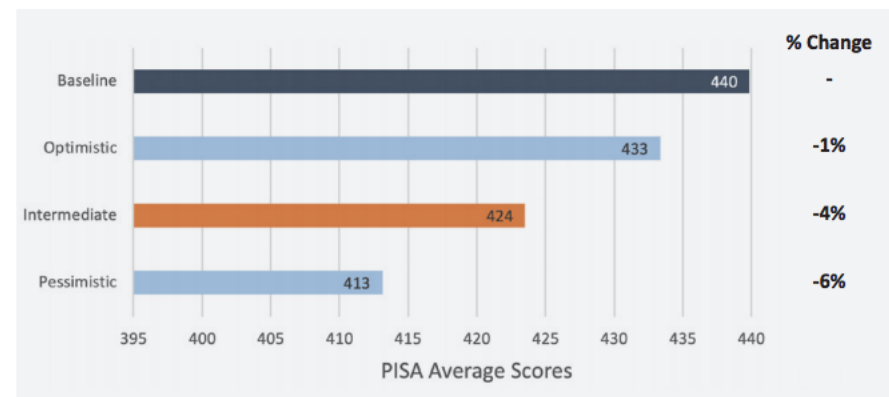
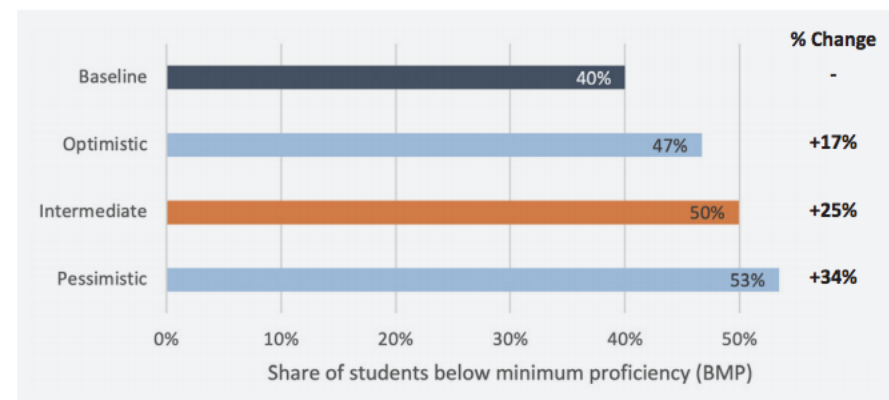
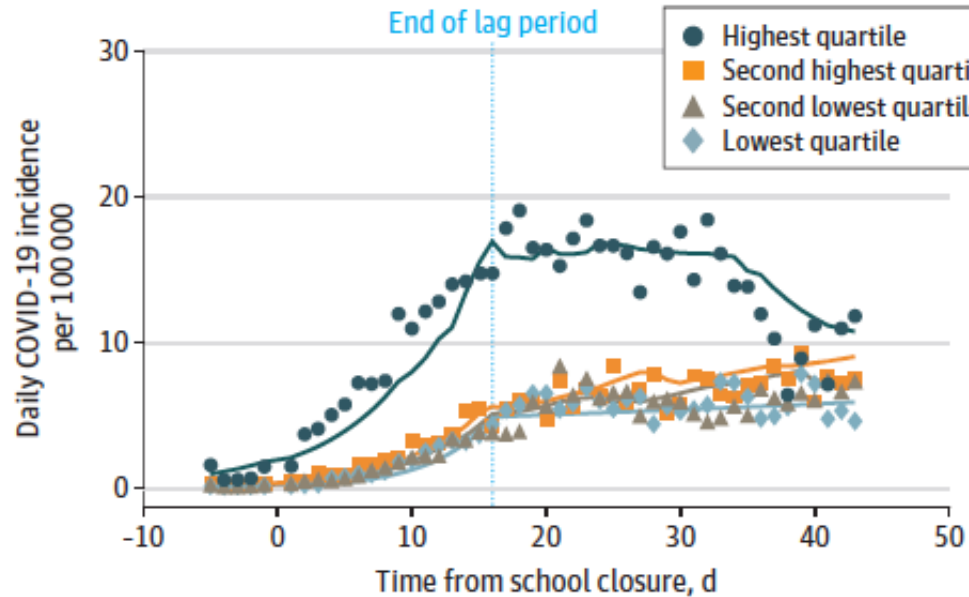


Figure 10: The share of students below PISA Level 2 will increase by 10 percentage points, or 25% in the intermediate scenario assuming that the distribution skews

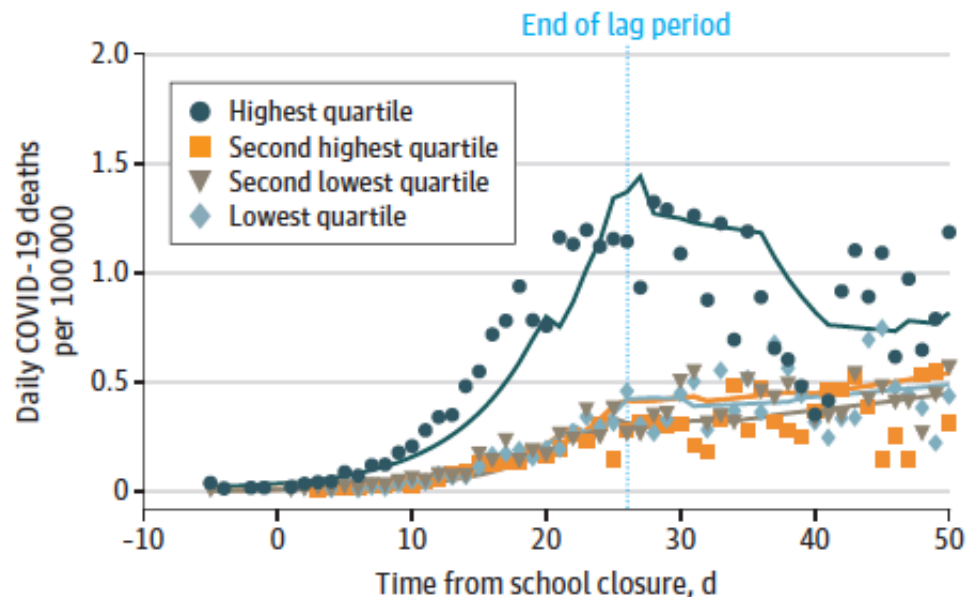


Note: Results based on latest available PISA and PISA-D of 92 countries. Unweighted average. Student coverage as share of lower secondary enrollment: 100% NAC; 95% LAC; 94% EAP; 91% ECA; 76% SAR; 39% MNA; 3% SSA; 75% World (see annex A.3.9 for more details).

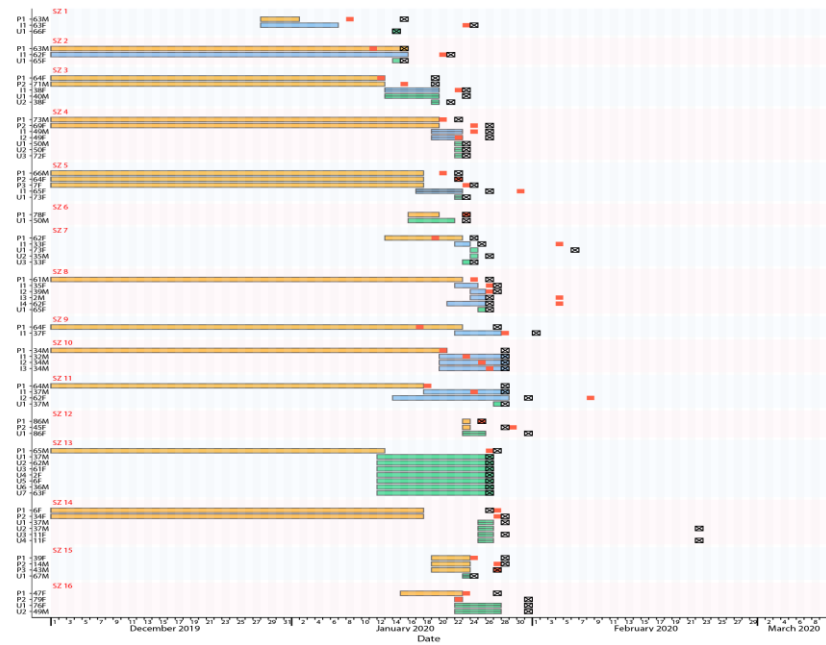
B Daily incidence by cumulative incidence quartile at the time of school closure



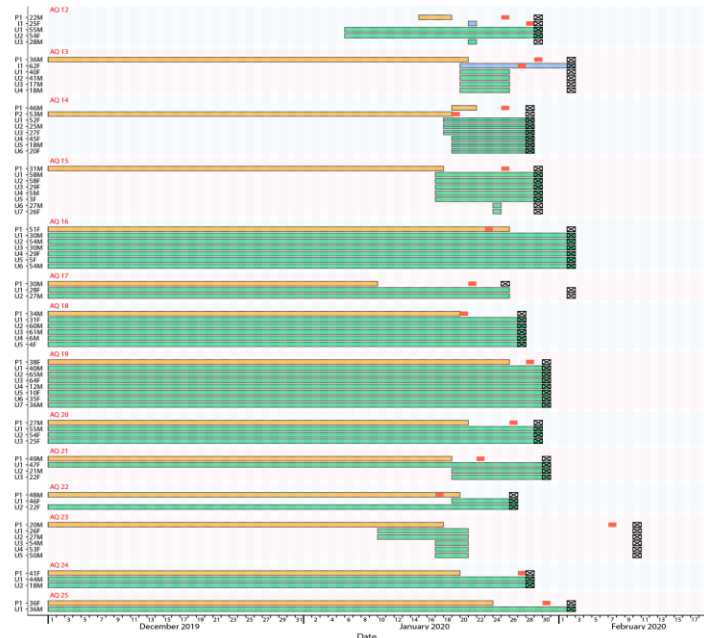
D Mortality by cumulative incidence quartile at the time of school closure



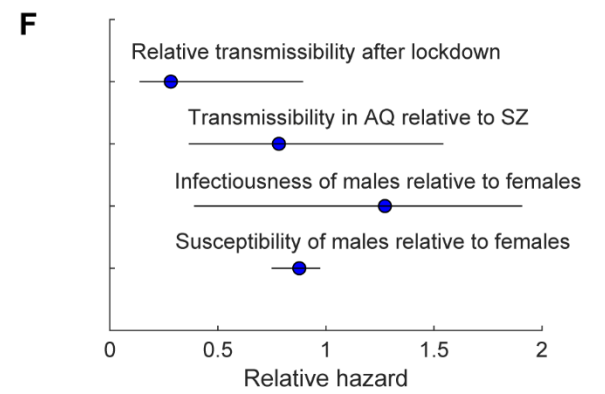
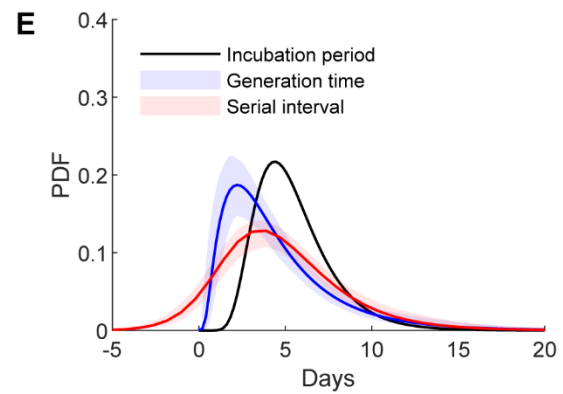
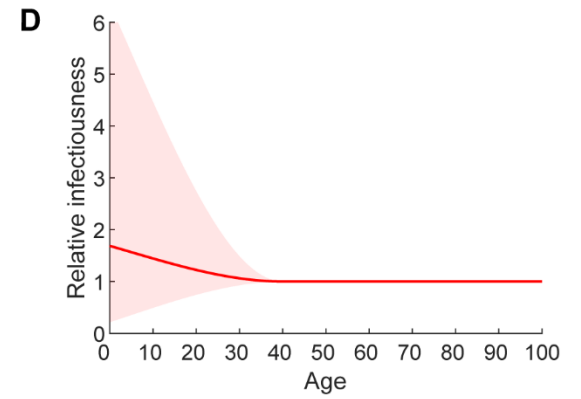
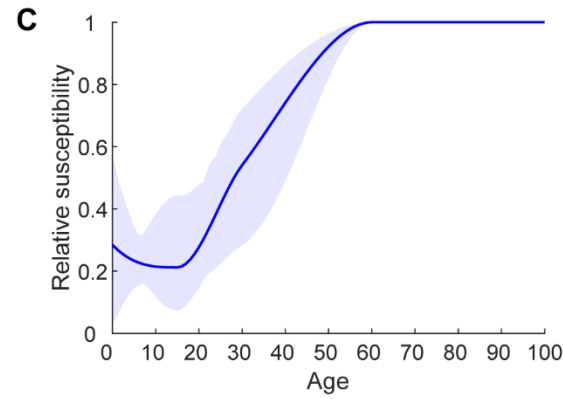
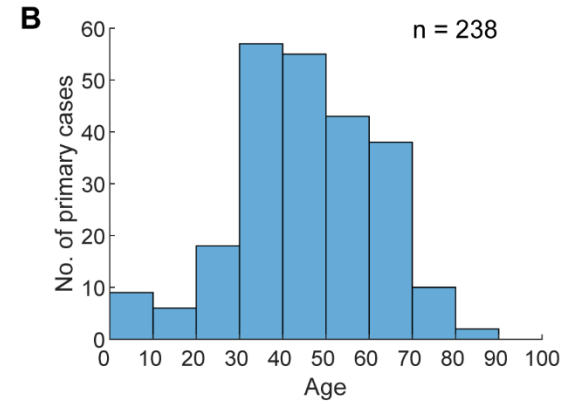
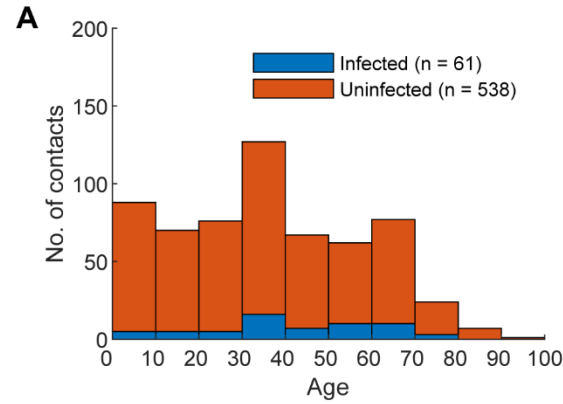
- Interrupted time series negbin model
- All 50 states closed schools March 13-23
 - No pos/neg controls
- Adjustment of covarying NPIs insufficient
- Correlation between school closure and other NPIs reflecting states' approach generally
- -62% incidence and -58% mortality implausibly high compared to pandemic and seasonal 'flu



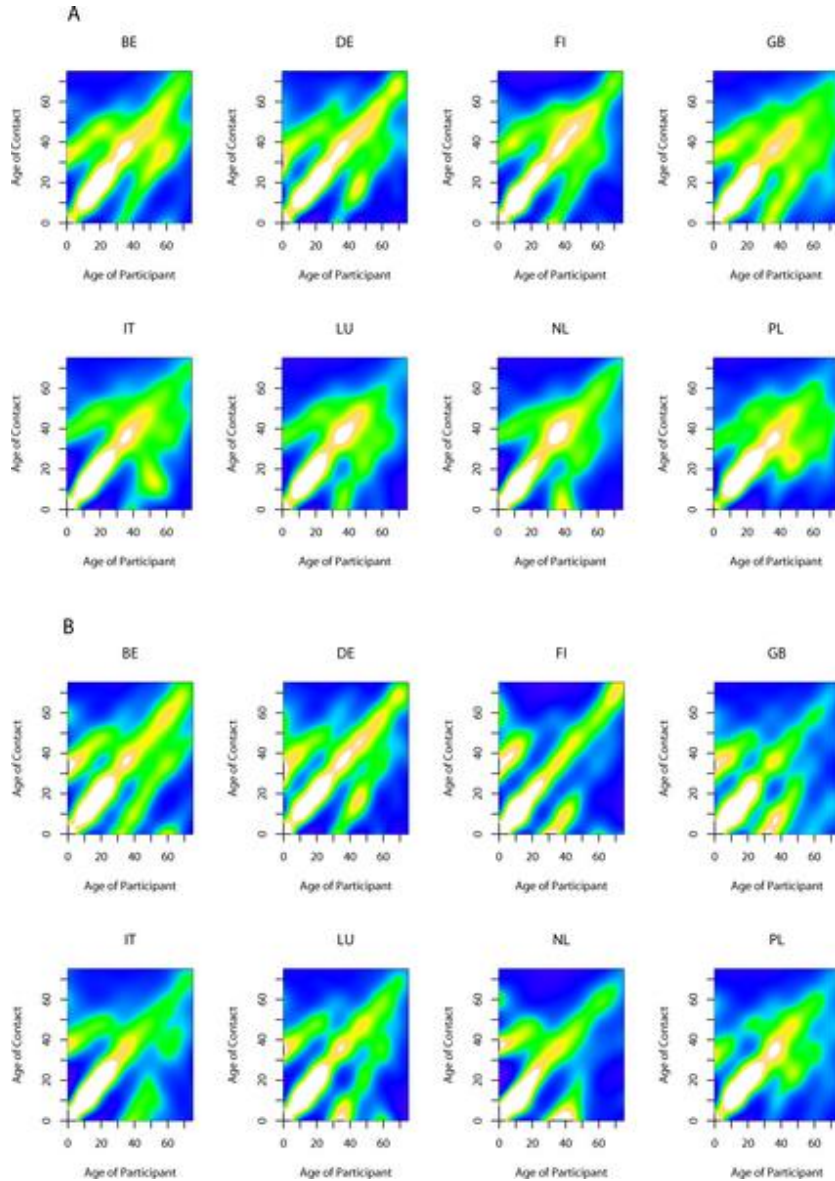
Shenzhen



Anqing

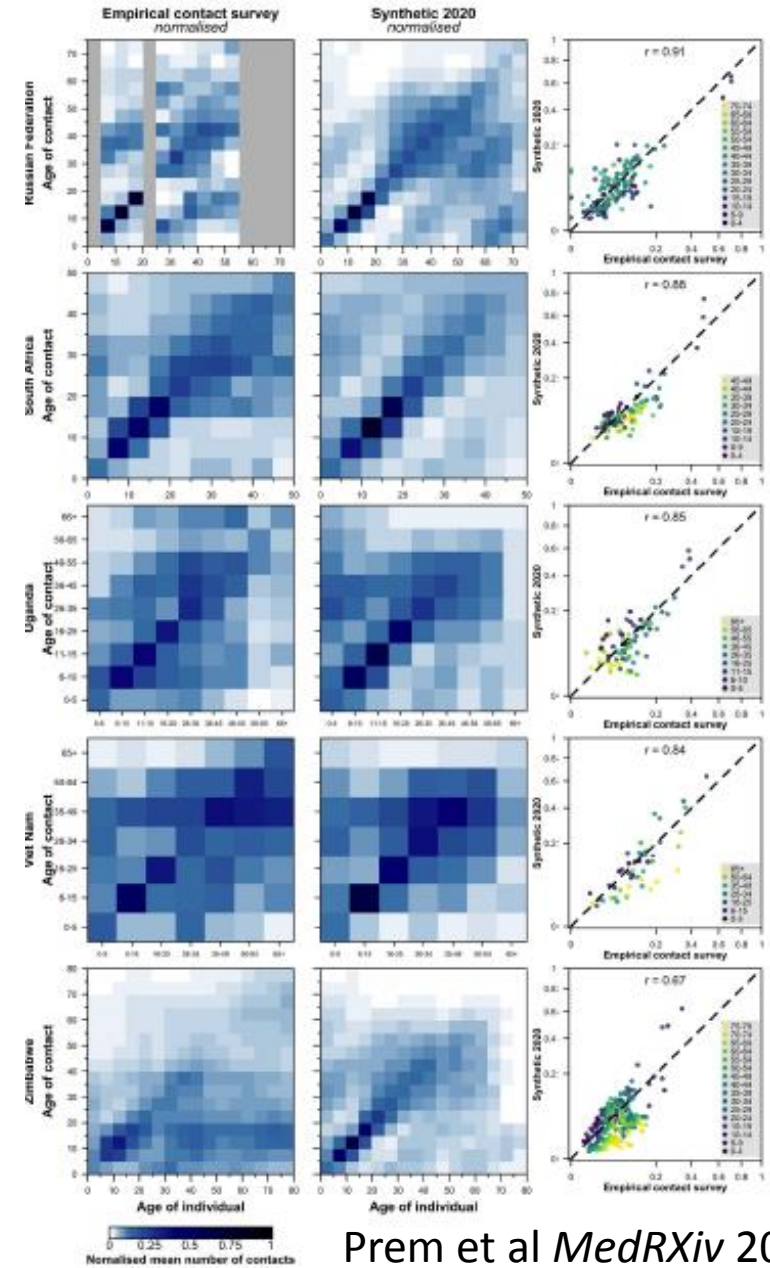


POLYMOD



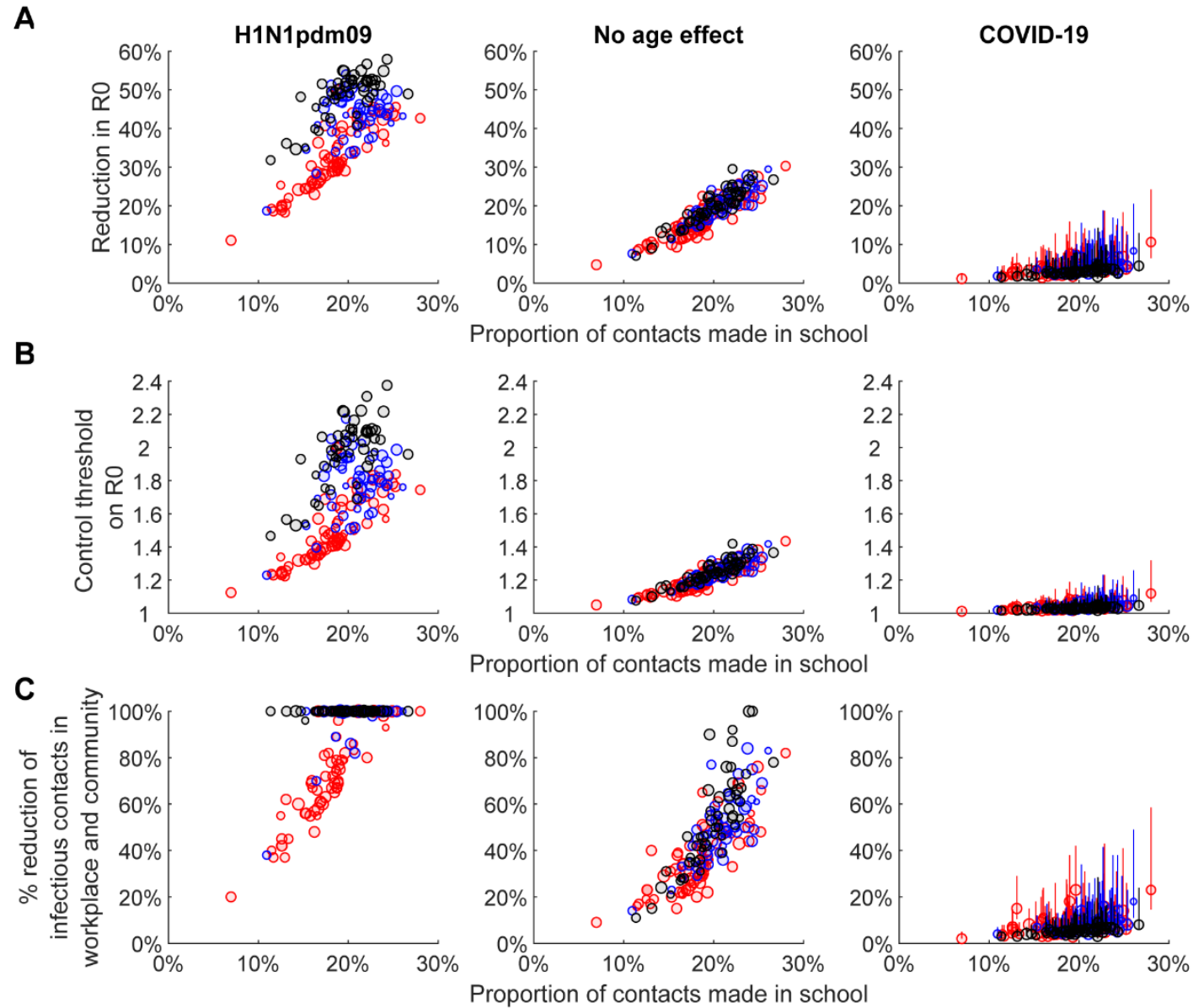
Mossong et al *PLoS Med* 2008

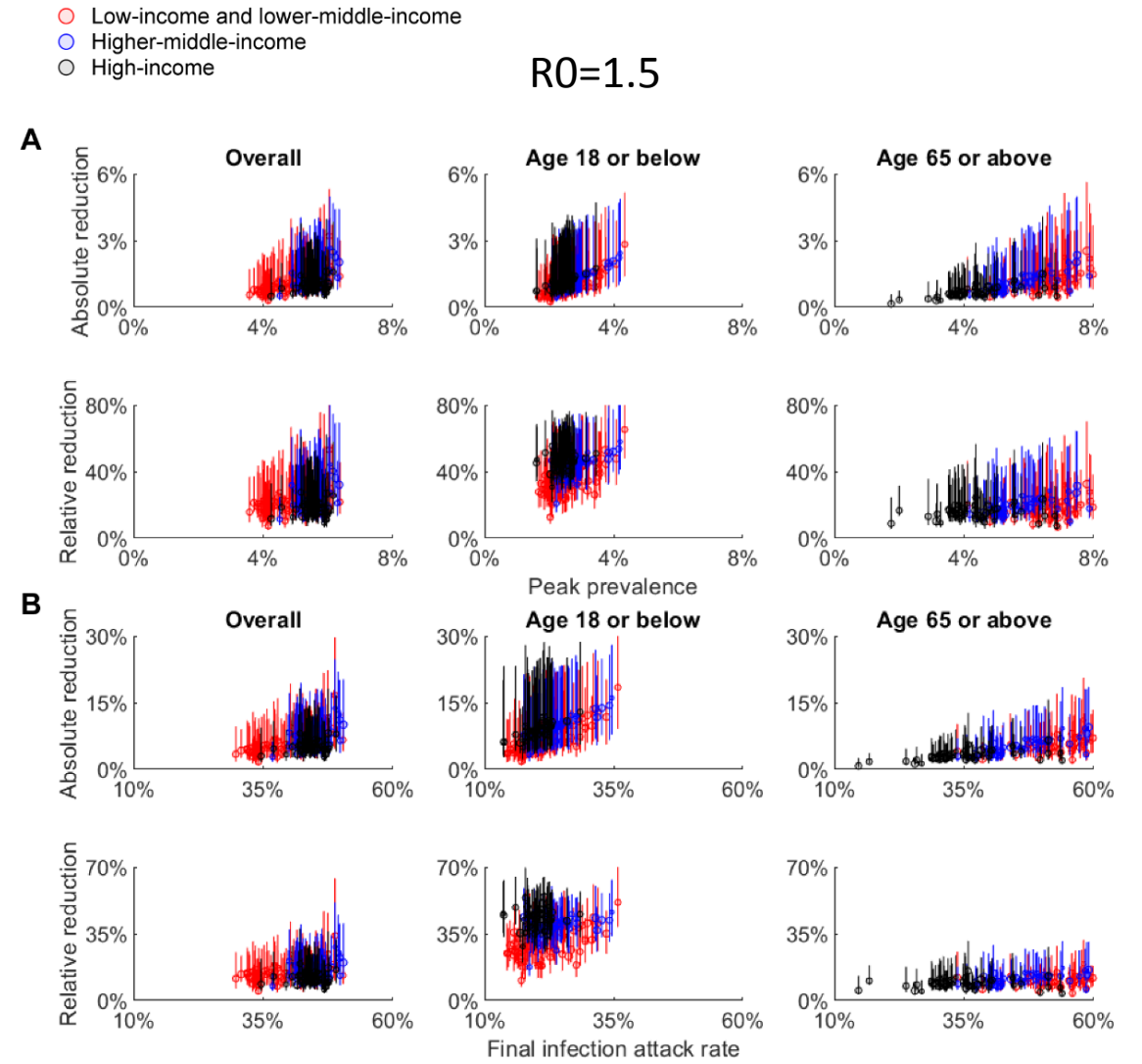
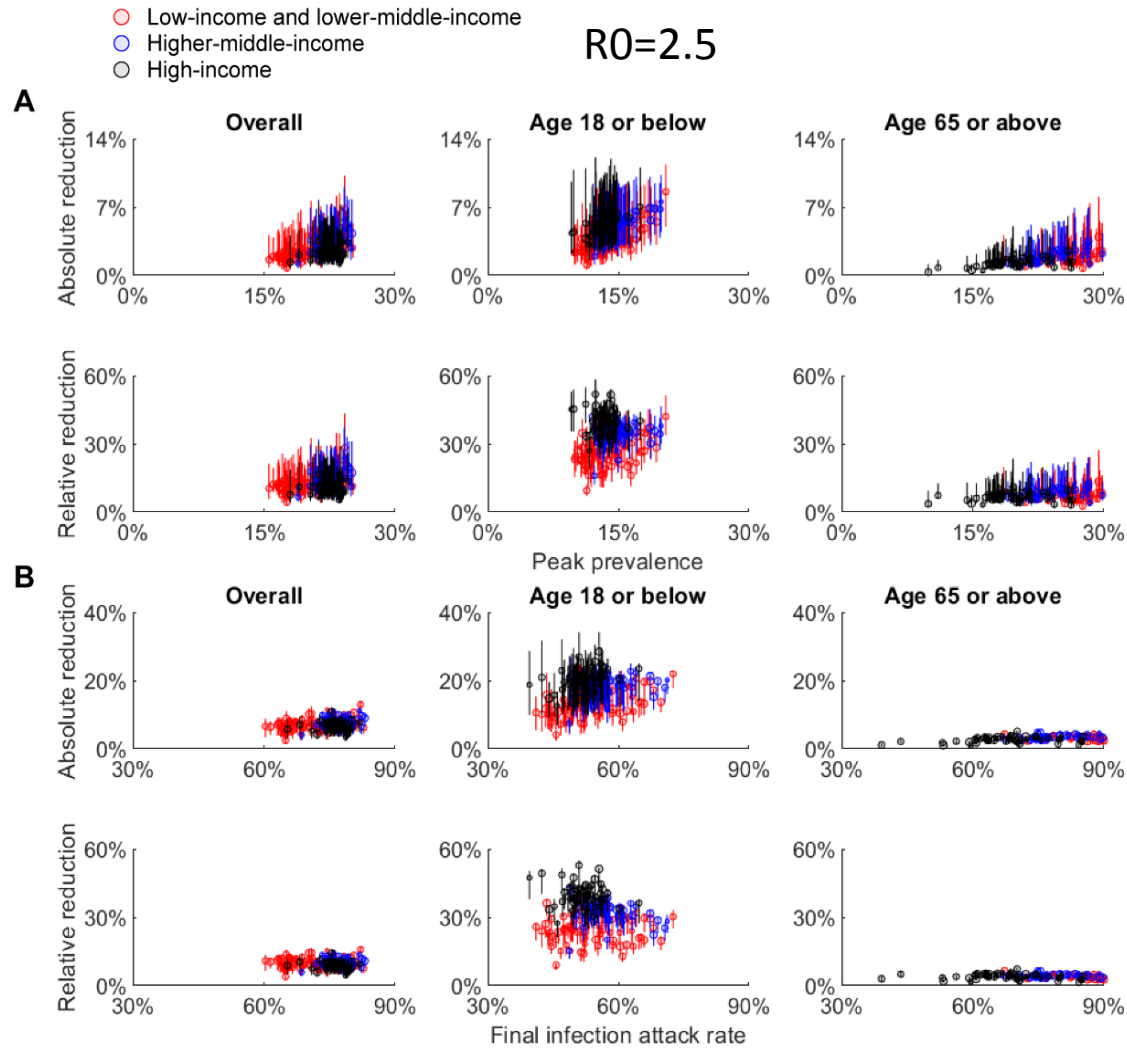
Synthetic Contact Matrices



Prem et al *MedRxiv* 2020

- Low-income and lower-middle-income
- Higher-middle-income
- High-income



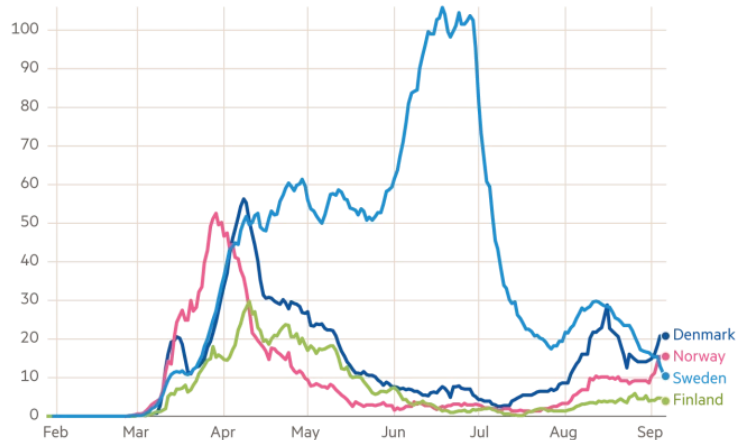


Comparative reduction in R for H1N1pdm09 and seasonal 'flu during school closure and holidays

	Published estimates	Our estimates
H1N1pdm09 in the UK during summer holidays ³⁹	35% (30-40%)	42%
H1N1pdm09 in HK during closure of kindergartens and primary schools ²⁵	13% (10-15%)	18%
H1N1pdm09 in HK during summer holidays ²⁵	35%	42%
H1N1pdm09 in India during summer holidays ⁴⁰	14-27%	30%
H1N1pdm09 in China during school holidays ⁴¹	37% (28-45%)	37%
Seasonal influenza in France during summer holidays in 1985-2006 ⁴²	13-17%	19% if no age effect 40% if H1N1pdm09-like
Seasonal influenza B in Hong Kong during closure of kindergartens and primary schools in 2018 ⁴³	16% (10-26%)	8% if no age effect 18% if H1N1pdm09-like
Seasonal influenza in South Korea during school holidays in 2014-2016 ⁴⁴	6-23%	18% if no age effect 43% if H1N1pdm09-like

The profile of Sweden's pandemic differs radically from those of its neighbours

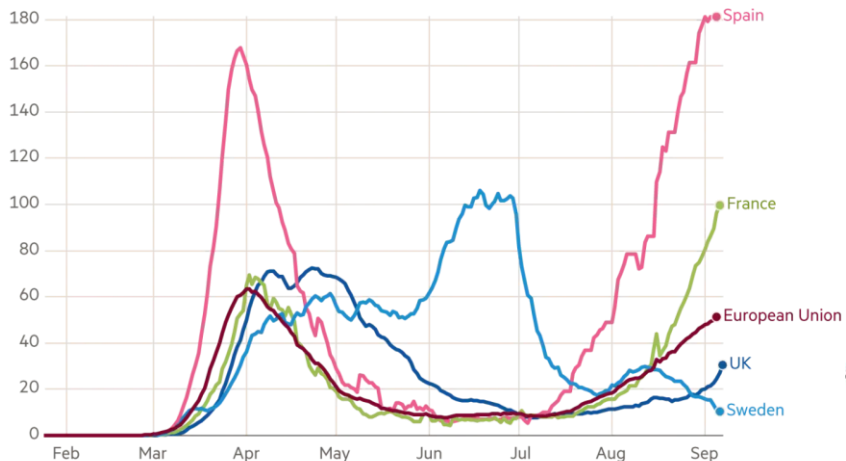
New confirmed cases of Covid-19, seven-day rolling average of new cases (per million)



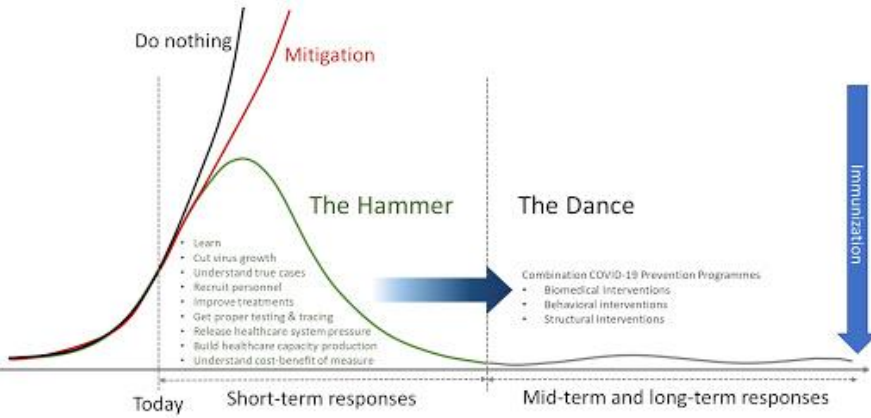
Source: FT analysis of data from the European Centre for Disease Prevention and Control, the Covid Tracking Project
Data updated Sep 8 at 1pm BST. Interactive version: ft.com/covid19
© FT

Cases are falling in Sweden but rising in the EU

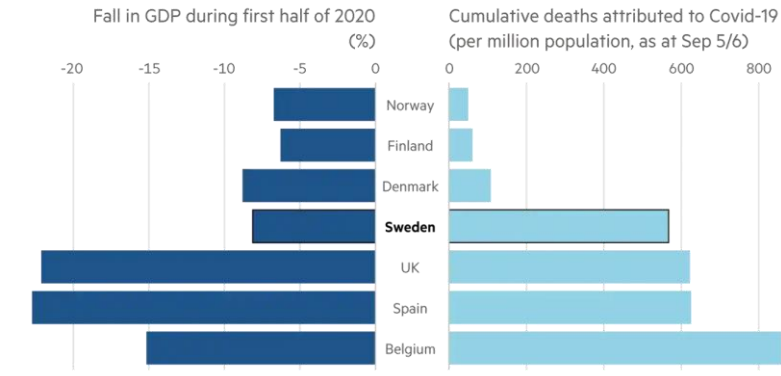
New confirmed cases of Covid-19, seven-day rolling average of new cases (per million)



Source: FT analysis of data from the European Centre for Disease Prevention and Control, the Covid Tracking Project, UK and Spanish government health departments. Data updated Sep 8 at 1pm BST. Interactive version: ft.com/covid19
© FT



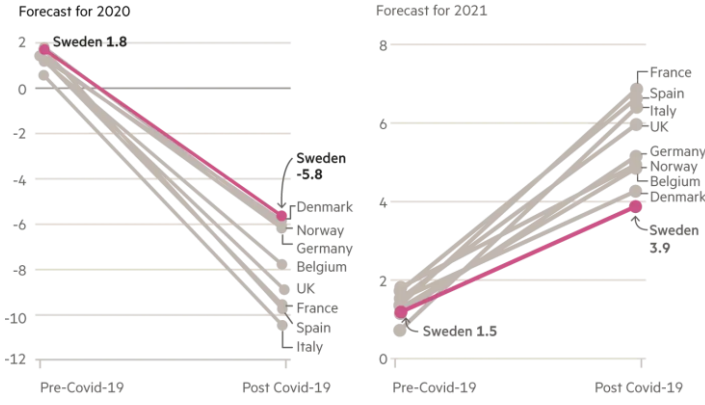
Sweden's experience is typical of the other Nordic countries on the economy... but of the worst of Europe on deaths



Sources: Refinitiv; FT analysis of data from the ECDC, Covid Tracking Project, UK and Spanish government health departments
© FT

Sweden's economy will suffer less as a result of its light-touch lockdown

Annual % change in gross domestic product



Source: Consensus Economics
© FT

	January			February			March			April			May			June		
	1	15	31	1	15	29	1	15	31	1	15	30	1	15	31	1	15	
Lockdown or movement control ordered																		
Lockdown or movement control eased	On the basis of distinct phases																	
	On the basis of a set threshold																	

- Country or region
- Germany
 - Hong Kong
 - Japan
 - New Zealand
 - Norway
 - South Korea
 - Norway
 - Spain
 - Singapore
 - United Kingdom

Sweden vs Scandinavia

Sweden vs EU

vs "Suppress and Lift"

Great Barrington DECLARATION

Home Video Signatures Read the Declaration **SIGN THE DECLARATION**

As infectious disease epidemiologists and public health scientists we have grave concerns about the damaging physical and mental health impacts of the prevailing COVID-19 policies, and recommend an approach we call Focused Protection.

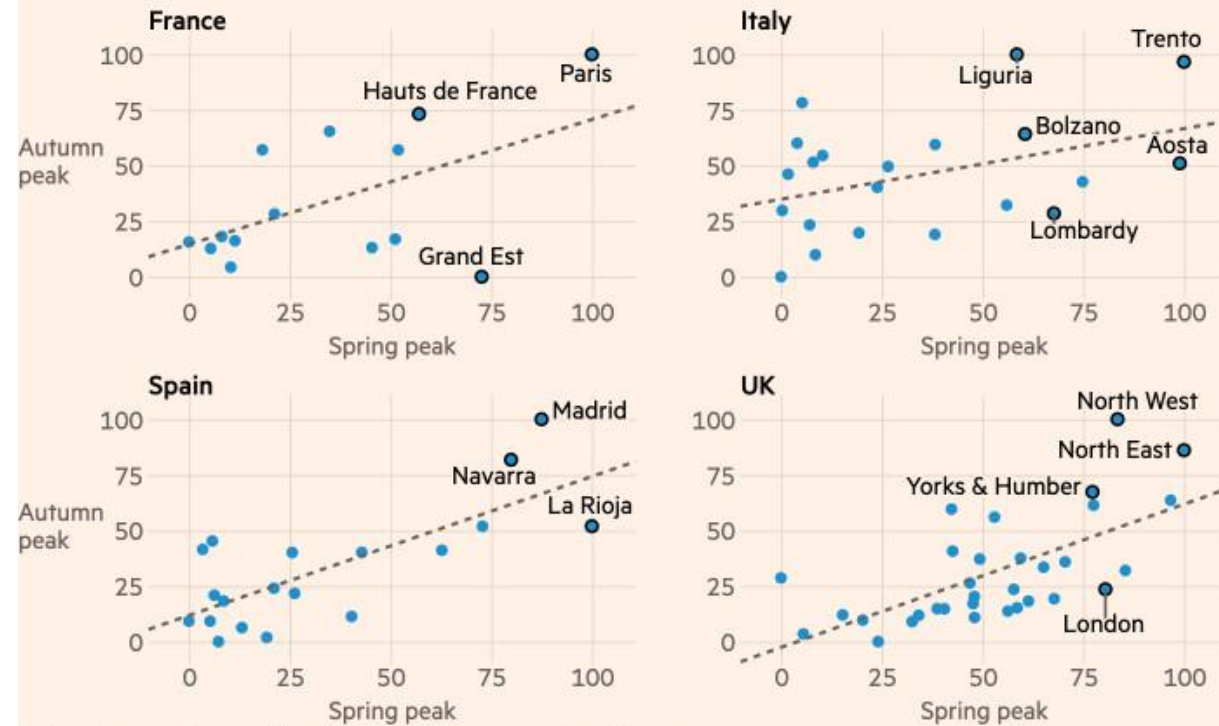
READ THE DECLARATION SIGN THE DECLARATION

FRANÇAIS PORTUGUÊS ESPAÑOL ITALIANO
 DEUTSCH SVENSKA РУССКИЙ עברית

Science or politics?

On average, places that were hit hardest in the spring are suffering the most in the autumn

Weekly cases per 100,000 people*, spring peak vs autumn peak
 Each circle represents one region

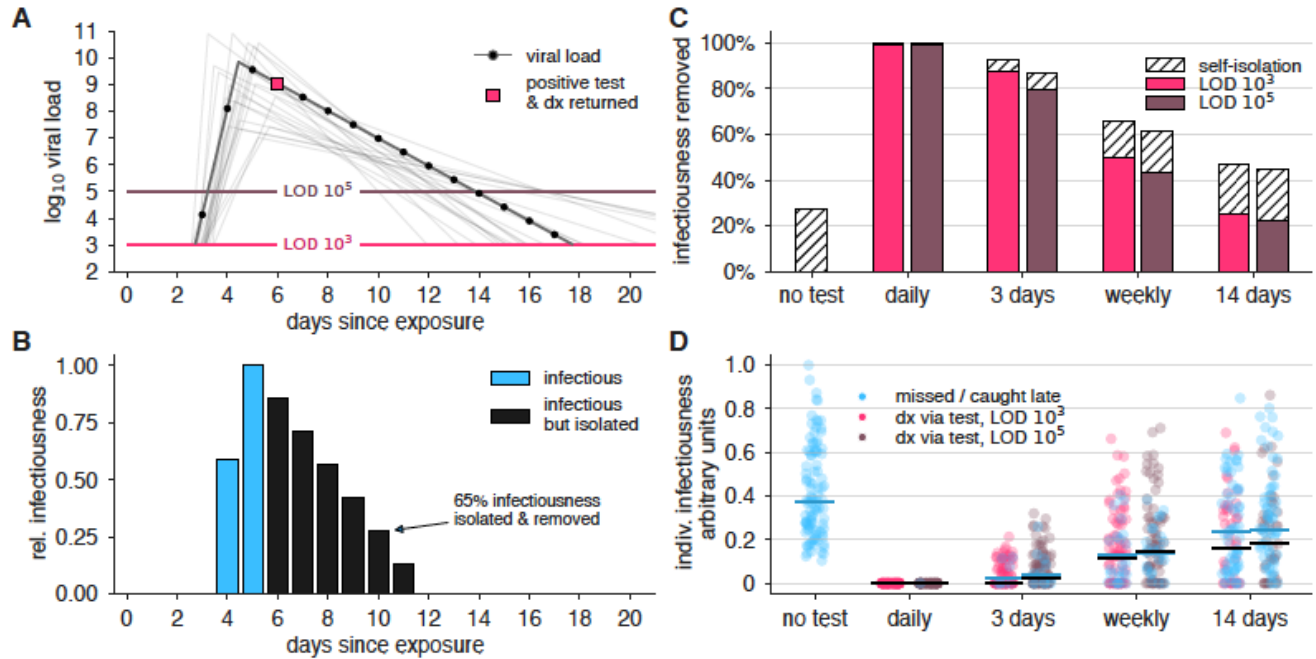


*Values for each peak are scaled so highest in the country = 100 and lowest = 0
 Sources: ECDC; Italian Ministry of Civil Protection; PHE; Spanish Health Ministry
 FT graphic: John Burn-Murdoch / @jburnmurdoch
 © FT

Ecologic fallacy or subthreshold short-run effect?

ALL IN THE GOODNESS OF TIME...

Testing frequency vs sensitivity ceteris paribus (eg reporting delays; quarantine arrangements)



<https://www.medrxiv.org/content/10.1101/2020.06.22.20136309v3.full.pdf>

Utility and drawbacks of contact tracing apps



绿码通行



黄码受限



红码禁止

England's covid-19 contact tracers failed to reach thousands of people



HEALTH 11 June 2020

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Coronavirus outbreak

England's contact-tracing saga is at the heart of the government's failures

Move to include local authorities in test and trace could allow politicians to pass blame in a Covid second wave

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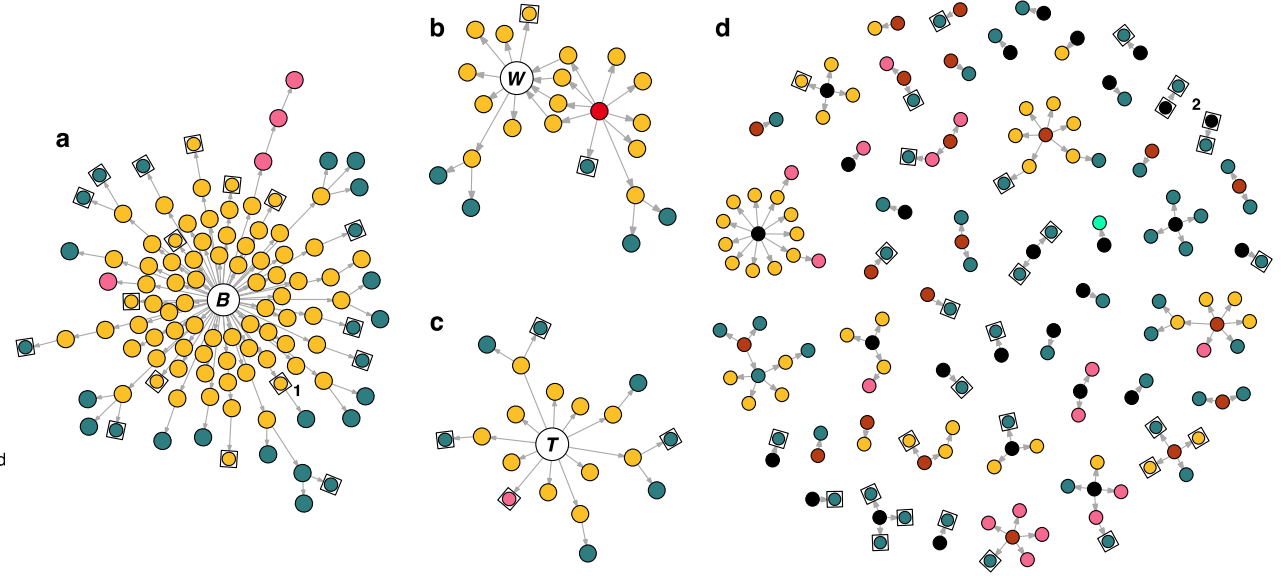
50% off for three months

The Guardian

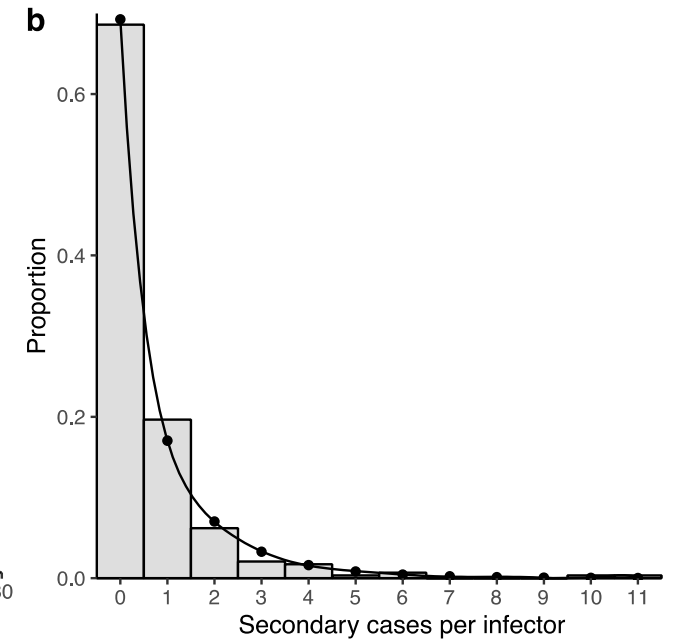
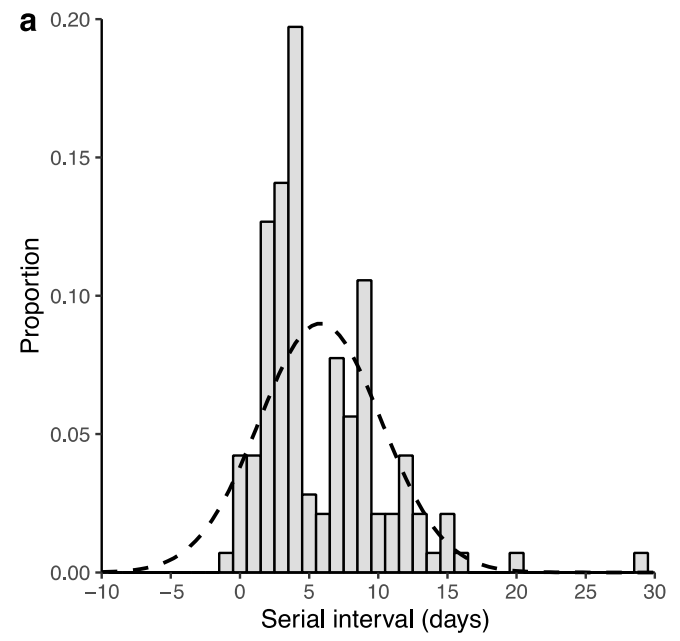
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- Republicans express fears Trump will lose presidential election
 - Lindsey Graham says Black people can 'go anywhere' in South Carolina if conservative
 - Live Coronavirus live news:

Surge capacity of contact tracing – comparative reflections with influenza implications for the future

- Transmission**
- Social
 - Family
 - Work
 - Local travel
 - Wedding (W)
 - Temple (T)
 - Bar (B)
- Source**
- Imported source
 - Local source
- Intervention**
- Case quarantined



17-19% of SARS-CoV-2 infections were responsible for 80% of all transmission events in Hong Kong, while 69% of cases did not infect anyone (Adam et al *Nat Med* 2020)



When will we ever learn?

