

Springboard awardee meeting, 19 June 2019.  
Please rank the sessions in order of preference via Formstack.

<p><i>Morning sessions</i></p>	<p><b>Mentoring Masterclass</b> <b>Alexis Hutson</b></p> <p>This session is compulsory for Springboard round 4 awardees. It will provide an introduction to the Developmental Model of mentoring that we support, to help you get the most out of your mentoring relationship. They are participatory and focussed on developing techniques, learning best practice and discussing the opportunities and challenges of being in a mentoring relationship.</p>	<p><b>Meaningful Networking and Building Collaborations</b> <b>Dr Steve Cross</b></p> <p>This session will help you develop strategies for building the group of people you know and collaborate with as part of a successful career. It will focus on creating relationships that pay off for you in the long-term, rather than being a course about 'personal impact' in conference coffee breaks.</p>	<p><b>Why Patient and Public Involvement (PPI) matters, and how to get it right</b></p> <p>This interactive workshop, led by a funder, will provide an introduction to PPI and how it can be used to produce better outcomes for researchers and patients alike. Advice will be given on how to effectively use public and patient engagement, and pitfalls to avoid.</p>
<p><i>Afternoon sessions</i></p>	<p><b>Getting your paper out</b> <b>Dr Anna Sharman, Cofactor</b></p> <p>Getting papers published is crucial for new PIs. But how do you avoid long delays in getting your papers written and online, where they can help move research forward and also help your career? This workshop will help you to:</p> <ul style="list-style-type: none"> <li>• organise the writing process to get the paper ready in good time;</li> <li>• choose a journal, including questions on speed, impact, open access and whether to post a preprint first;</li> <li>• get your paper through peer review and deal with decisions from editors;</li> <li>• publicise it once it is out, to ensure it is widely read and cited.</li> </ul>	<p><b>Starting in Leadership</b> <b>Dr Steve Cross</b></p> <p>Steve Cross has lead new teams in three different industries, learned a lot of painful lessons along the way, and will help you think about the new responsibilities on you as a leader of people. This session will focus on helping the group together develop ways to make managing, developing and growing staff a route to having as much impact as possible.</p>	<p><b>Communications, Presentation and Media Skills</b> <b>Julia Barry and Keith Doyle</b></p> <p>This will be a bespoke presentation and media training session with our expert media trainers, ex-BBC Breakfast Editor Julia Barry and journalist and news correspondent Keith Doyle. Julia and Keith will lead the group through interactive tasks to prepare them for delivering presentations and interacting with the media.</p>