# Cognitive and neurobiological processes in behavioural regulation and change

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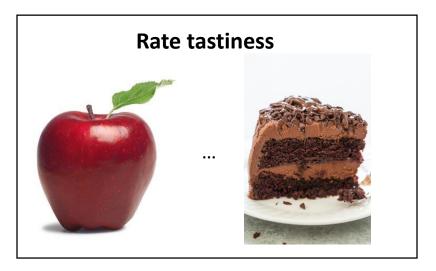
#### What is neuroeconomics?

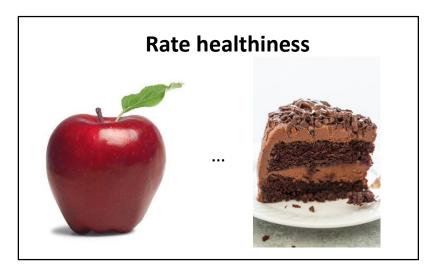
- That is a good question and the answer will depend on whom you ask.
- Generally it is thought to sit at the intersection of the neuroscience, economics, psychology fields, although statistics and computer science play a large role too.
  - As such, it is inherently multi-disciplinary
- The overlapping questions across these fields deal with how we learn and make decisions.

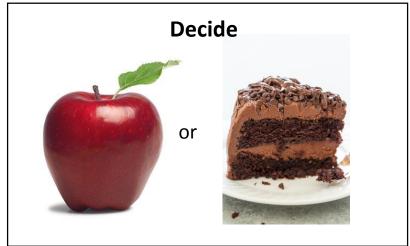
How can neuroeconomics help us understand the neurobiology of behaviour, and what drives individual choices?

- 1. Neuroeconomics is focused on incentive compatible choices
- 2. It draws on insights from several disciplines to try and link behavior and neurobiology
- 3. It strives to incorporate computational modeling to better understand neural and behavioral patterns

## Food choice as a relevant example

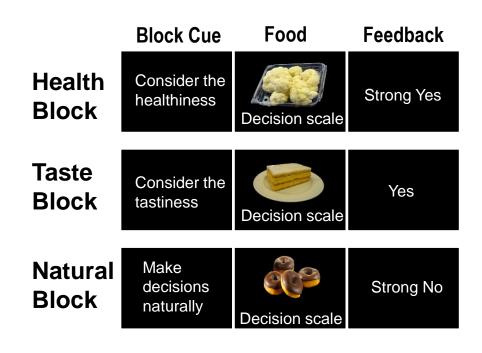


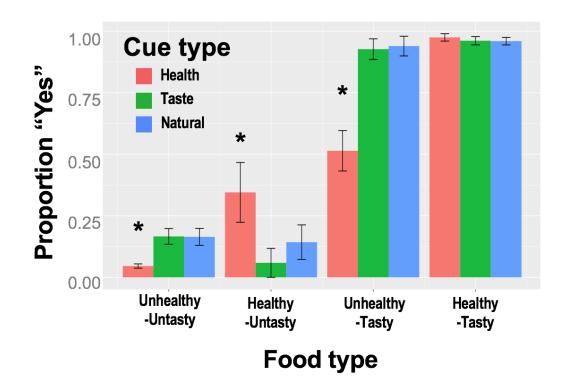




Hare et al., 2009 Science

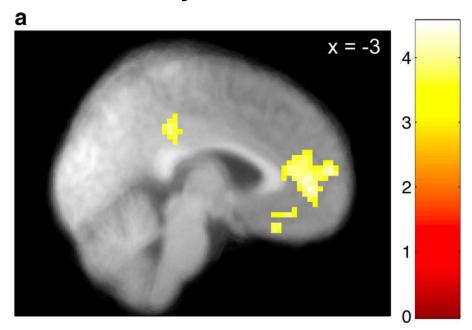
### Directing attention to one specific attribute

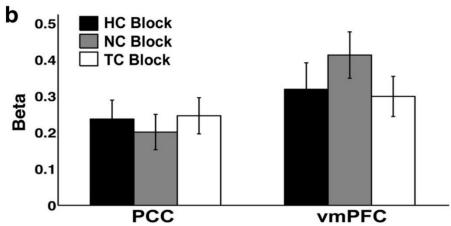




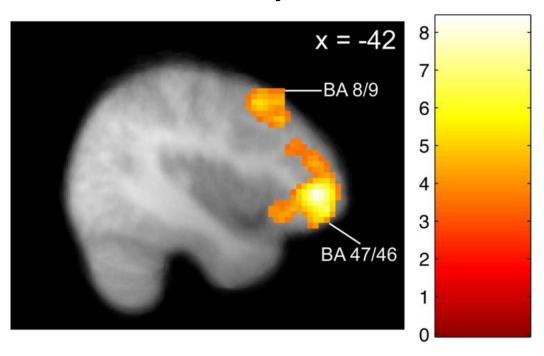
Hare et al., 2011 *J Neuro* 

#### **Subjective value**

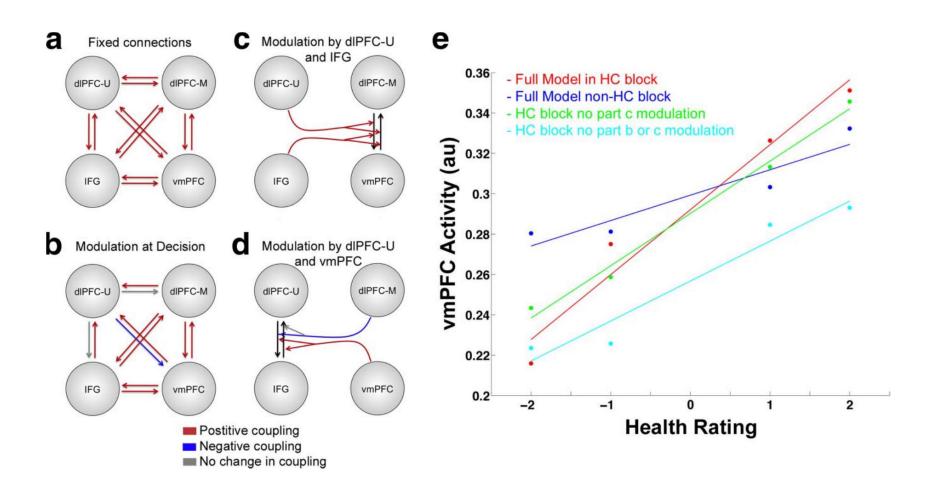




#### **Sustained activity for health cues**

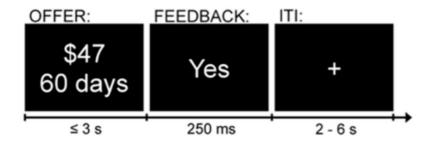


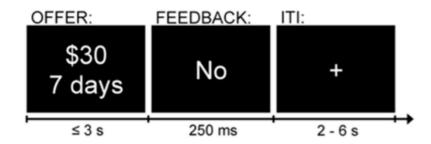
## Interactions between several regions are important for dietary self-control



## Similar regions and interactions are associated with temporal discounting

#### \$25 today or:

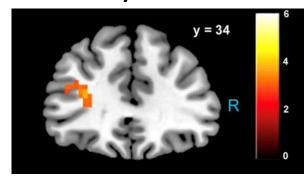




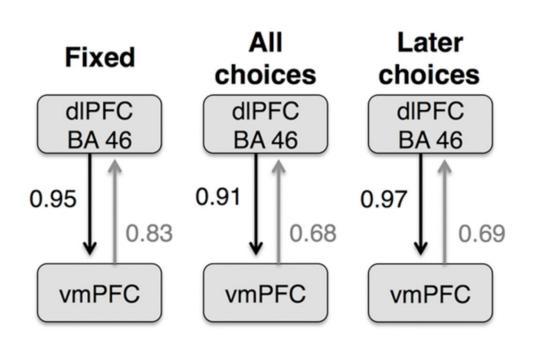
#### **Subjective Value**



#### **Delayed Choices**

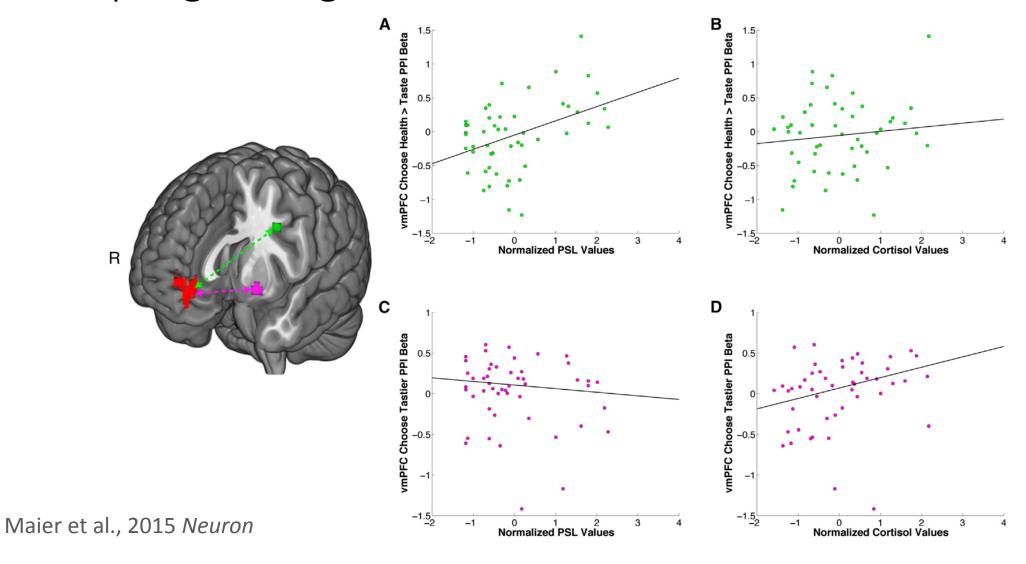


## Similar regions and interactions are associated with temporal discounting



- Using a parameters estimated from this network model we can predict temporal discounting rates with 71% accuracy.
- However, we can make accurate predictions if we include model parameters quantifying both local activity and inter-regional interactions.

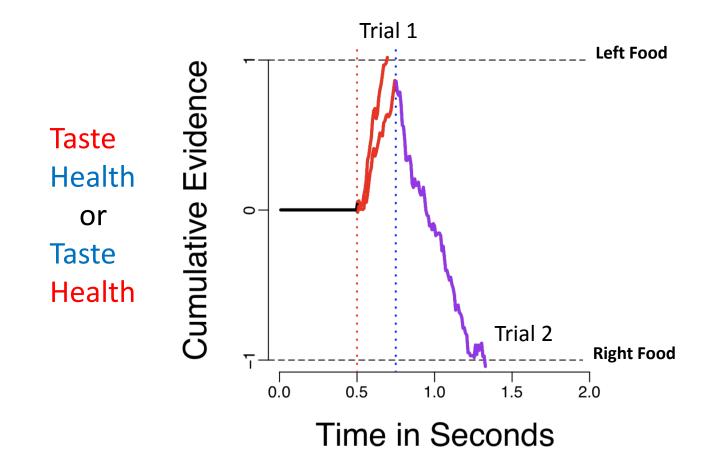
# Acute stress causes disruptions in inter-regional coupling during food choices



# Uncovering individual differences using computational modeling of behavior

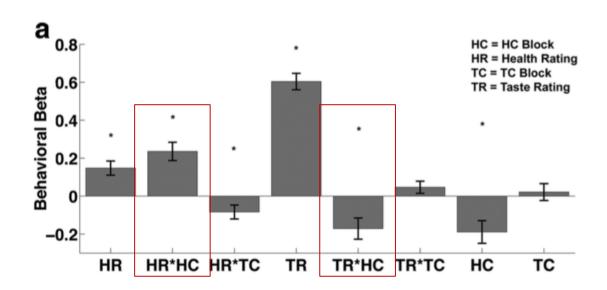
- Recent work using evidence accumulation models to better understand decision mechanisms has shown that there are dissociable processes governing,
  - 1. How much importance is given to healthiness or taste in determining the outcome.
  - 2. How soon each attribute begins to influence the evidence accumulation process

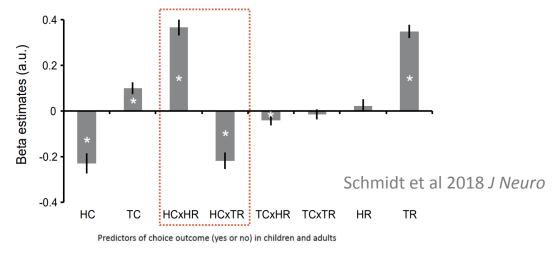
# Uncovering individual differences using computational modeling of behavior

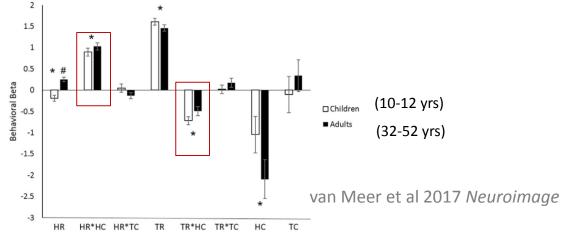


### Original regression analysis

#### Choice ~ blockType\*HR + blockType\* TR

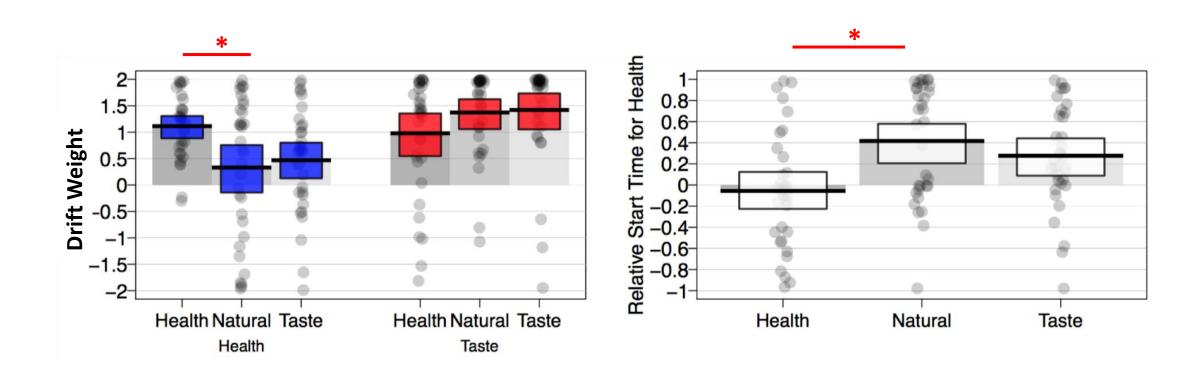






Hare et al., 2011 J Neuro

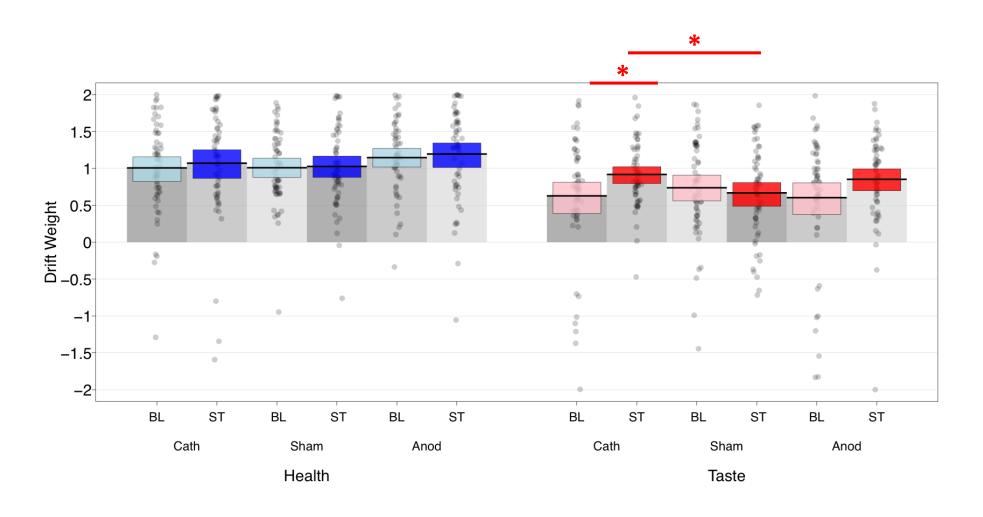
## Computational modeling reveals changes in both the weighting and relative start times for healthiness



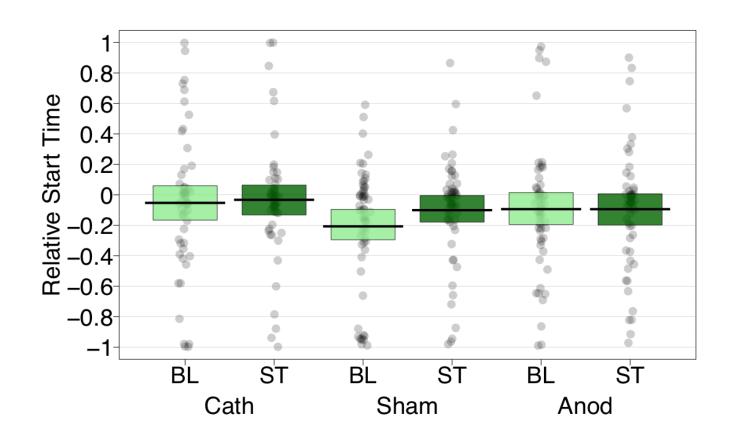
### Previously undetected individual differences

- Over 90% of participants changed the health weight OR taste weight OR the relative-start-time in favor of healthy choices during the health-cued trials.
- **64**% changed the health weight *OR* taste attribute weight *AND* the relativestart-time.
- Only **33**% changed the health weight *AND* taste attribute weight *AND* the relative-start-time.
- > Open question: What determines how an individual will respond to the attention cues?

### tDCS over left dIPFC affects Taste attribute weighting



#### but does not change the relative-start-times



### Summary

- In the context of decision making, behavioral regulation appears to rely on functional interactions between different cortical and subcortical brain regions.
  - Analyzing brain function at the network level will help us advance our understanding of decision making
  - Neuroimaging measures can reveal mechanisms and complexities that are not apparent from behavior alone.
- Structural models of behavior that seek to approximate the decision process can help to explain individual differences in neurobiology and choice behavior.

### Funding Acknowledgements:



**SWISS NATIONAL SCIENCE FOUNDATION** 







**US National Science Foundation**