

## Joint symposium on mental health and addiction

A discussion, exchange and sharing of perspectives

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**Thursday 29 November 2018**

**Académie Nationale de Médecine, 16 rue Bonaparte, Paris**

This one-day symposium is being jointly organised by the UK Academy of Medical Sciences and the Académie Nationale de Médecine. It will focus on exploring the epidemiology and impact of alcohol and cannabis addiction in young people (defined using the United Nations approach of those persons between the ages of 15 and 24 years) in the UK and France. It will also provide an opportunity to discuss the public health and legal frameworks designed to help prevent or mitigate addictions, and how healthcare systems in both countries currently respond to the issue.

An overarching ambition of the symposium will be to engage in comparative discussions to identify areas where lessons from one country may be applicable to the other, so that addictions may be better addressed in both countries.

The symposium will include both keynote presentations and panel sessions, and will be followed by a networking reception to facilitate greater collaboration between the UK and France.

**An agenda for the day is provided on the next page** and has been informed by a steering committee including:

- **Professor Jean Ades**, Past president, French Alcoholology Association
- **Professor Jean-François Allilaire**, Emeritus Professor of Psychiatry, Paris-Pierre and Marie Curie University; Permanent Executive Officer Deputy, Académie nationale de médecine
- **Professor Bruno Falissard**, Professor of Public Health, Paris-Saclay University
- **Professor Sir John Strang FMedSci**, Professor of Addictions and Head of the Addictions Department, King's College London
- **Professor Pamela Taylor FMedSci**, Professor of Forensic Psychiatry, Cardiff University
- **Professor Sir Graham Thornicroft FMedSci**, Professor of Community Psychiatry, King's College London

We are most grateful to the steering committee for their input in developing this event.

Please note, this agenda is currently in draft format and may be amenable to change.

08.30 – 09.00	<b>Registration</b>
09.00 – 09.10	<b>Welcome to symposium</b> <ul style="list-style-type: none"> <li>• Professor Daniel Couturier, Permanent Executive Officer, Académie Nationale de Médecine</li> </ul>
09.10 – 09.20	<b>Introduction to symposium</b> <ul style="list-style-type: none"> <li>• <b>Professor Jean-François Allilaire</b>, Permanent Executive Officer Deputy, Académie Nationale de Médecine</li> <li>• <b>Professor Sir John Strang FMedSci</b>, Professor of Addictions, King's College London</li> </ul>
09.20 – 09.50	<b>Keynote presentation: European legal and human rights context</b> <i>Chair: Professor Sir John Strang FMedSci</i> <ul style="list-style-type: none"> <li>• <b>Professor Hans-Joerg Albrecht</b>, Max Planck Institute for Foreign and International Criminal Law</li> </ul>
<b>Session One: Epidemiology and impact</b> <i>co-Chair: Professor Bruno Falissard, Professor of Public Health, Paris-Saclay University</i> <i>co-Chair: Professor Pamela Taylor FMedSci, Professor of Forensic Psychiatry, Cardiff University</i>  <p>This session will explore the size of the problem (accounting for difficulties in capturing data), and the trends/trajectory of addiction in the UK and France. The epidemiology of addiction at the population level and within defined sub-populations (e.g. schools, prisons, hospital, and the armed forces) will be discussed.</p>	
09.50 – 10.10	<b>Presentation: The UK perspective</b> <ul style="list-style-type: none"> <li>• <b>Professor Anne Lingford-Hughes</b>, Chair in Addiction Biology, Imperial College London</li> </ul>
10.10 – 10.30	<b>Presentation: The French perspective</b> <ul style="list-style-type: none"> <li>• <b>Dr Emmanuelle Godeau</b>, Enseignante-Chercheure, École des hautes études en santé publique</li> </ul>
10.30 – 11.10	<b>Panel discussion</b> <ul style="list-style-type: none"> <li>• <b>Dr Emmanuelle Godeau</b>, École des hautes études en santé publique</li> <li>• <b>Dr Matthew Hickman</b>, Professor in Public Health and Epidemiology; Head of Population Health Sciences, University of Bristol</li> <li>• <b>Professor Anne Lingford-Hughes</b>, Chair in Addiction Biology, Imperial College London</li> <li>• <b>Professor Alfred Spira</b>, Professor of Public Health, Paris XI University; Member of the Académie Nationale de Médecine</li> </ul>
11.10 – 11.40	<b>Refreshment break</b>

**Session Two: Public health and legal frameworks**

*co-Chair: Professor Jean-Pierre Goullé, Académie Nationale de Médecine*

*co-Chair: Professor Pamela Taylor FMedSci, Professor of Forensic Psychiatry, Cardiff University*

This session will outline and assess the relative contributions of both public health and legal frameworks to prevent or reduce addiction and its impact, again providing opportunity to compare the UK and French systems. Given the focus on 'young people', there will be an opportunity to reflect on comparisons seen across those of differing legal status (younger than vs older than 18 years) and to discuss the role of parents and other institutions beyond the healthcare and criminal justice systems i.e. those mentioned in Session One (schools, hospitals, prisons).

11.40 – 12.00	<b>Presentation: The UK perspective</b> <ul style="list-style-type: none"><li>• <b>Professor Sir Ian Gilmore</b>, Honorary consultant physician, Royal Liverpool University Hospital</li></ul>
12.00 – 12.20	<b>Presentation: The French perspective</b> <ul style="list-style-type: none"><li>• <b>Professor Jean Costentin</b>, Professor of Pharmacology, l'Université de Rouen, Académie Nationale de Médecine</li></ul>
12.20 – 13.00	<b>Panel discussion</b> <ul style="list-style-type: none"><li>• <b>Professor Sir Ian Gilmore</b>, Honorary consultant physician, Royal Liverpool University Hospital</li><li>• <b>Professor Jean Costentin</b>, Professor of Pharmacology, l'Université de Rouen, Académie Nationale de Médecine</li><li>• <b>Professor Jean-Pierre Olié</b>, Académie Nationale de Médecine</li><li>• <b>Dr Julia Sinclair</b>, Professor of Addiction Psychiatry, University of Southampton</li></ul>
13.00 – 14.30	<b>Lunch</b>

**Session Three: Health systems and services**

*co-Chair: Professor Jean Ades, Académie Nationale de Médecine*

*co-Chair: Professor Sir John Strang FMedSci, Professor of Addictions, King's College London*

This session will explore how health systems respond to the issue of alcohol and cannabis addiction in the UK and France, and the difficulties faced either by healthcare providers or patients. This will provide an opportunity to engage in comparative discussions to identify advantages and disadvantages of the UK and French systems, with a long-term goal of applying lessons from one country to the other.

14.30 – 14.50	<b>Presentation: The UK perspective</b> <ul style="list-style-type: none"><li>• <b>Professor Colin Drummond</b>, Professor of Addiction Psychiatry, King's College London</li></ul>
14.50 – 15.10	<b>Presentation: The French perspective</b> <ul style="list-style-type: none"><li>• <b>Professor François Paille</b>, Professional College of Actors in Addictology</li></ul>

15.10 – 15.50	<p><b>Panel discussion</b></p> <ul style="list-style-type: none"> <li>• <b>Professor Colin Drummond</b>, Professor of Addiction Psychiatry, King's College London</li> <li>• <b>Professor Eilish Gilvarry</b>, Honorary Professor of Addiction Psychiatry; Clinical Director of Specialties, Northumberland, Tyne &amp; Wear NHS Foundation Trust</li> <li>• <b>Professor Michel Lejoyeux</b>, Académie Nationale de Médecine</li> <li>• <b>Professor François Paille</b>, Professional College of Actors in Addictology</li> </ul>
15.50 – 16.20	<b>Refreshment break</b>
16.20 – 17.20	<p><b>General discussion</b></p> <p>Each Session Chair will provide a brief 5 minute overview of the key messages to emerge from each Session. General discussion will allow delegates to agree on the priorities for future research to better address the identification, prevention, and/or management of addictions in young people.</p>
17.20 – 17.30	<b>Conclusions</b>
17.30 – 20.00	<b>Networking reception</b>