

## Advancing research to tackle multimorbidity: the LMIC perspective

<b>Thursday 21 June – Multimorbidity and the LMIC context</b>	
08.30 – 09.00	<b>Registration</b>
09.00 – 09.40	<p><b>Welcome and Introductory Presentation:</b> Multimorbidity: a priority for global health research</p> <ul style="list-style-type: none"> <li>• <b>Professor Stephen MacMahon FMedSci</b>, Principal Director, George Institute for Global Health; Chair, Academy's report on multimorbidity</li> </ul>
09.40 – 10.00	<p><b>Introductory Presentation:</b> TB and Diabetes Intersection, an African Perspective</p> <ul style="list-style-type: none"> <li>• <b>Professor Naomi Levitt</b>, Professor, Division of Diabetes and Endocrinology, University of Cape Town; Director, Chronic Diseases Initiative for Africa</li> </ul>
10.00 – 10.30	<p><b>Keynote Presentation:</b> What do we know about multimorbidity in the LMIC context and what are the gaps?</p> <ul style="list-style-type: none"> <li>• <b>Dr Sanghamitra Pati</b>, Indian Council of Medical Research</li> </ul>
10.30 – 11.00	<p><b>Keynote presentation:</b> Methodological considerations for performing multimorbidity research in LMIC settings.</p> <ul style="list-style-type: none"> <li>• <b>Dr Vilma Irazola</b>, Director, Department of Chronic Diseases, South American Center of Excellence for Cardiovascular Health (CESCAS), Institute for Clinical Effectiveness and Health Policy (IECS)</li> </ul>
11.00 – 11.30	<b>Refreshment break</b>
11.30 – 13.00	<p><b>Breakout groups</b></p> <p>To discuss:</p> <ul style="list-style-type: none"> <li>• <b>Group 1:</b> What are the trends and patterns in multimorbidity?</li> <li>• <b>Group 2:</b> Which multimorbidity clusters cause the greatest burden?</li> <li>• <b>Group 3:</b> What are the determinants (underlying mechanisms and risk factors) of the most common clusters of conditions?</li> <li>• <b>Group 4:</b> How to best enable multimorbidity research in LMICs?</li> </ul> <p>Each group to explore:</p> <ul style="list-style-type: none"> <li>• Where research can have the most impact in addressing multimorbidity,</li> <li>• The barriers to such research, and how they can be overcome,</li> <li>• The technical and methodological approaches needed to ensure such research can be performed in an effective and informative manner.</li> </ul>
13.00 – 13.45	<b>Lunch</b>
13.45 – 14.45	<p><b>Breakout group feedback</b></p> <ul style="list-style-type: none"> <li>• <b>Chair:</b> Professor Naomi Levitt</li> </ul>
14.45 – 15.15	<b>Refreshment break</b>
15.15 – 16.15	<p><b>Discussion session:</b> Prevention and management opportunities</p> <ul style="list-style-type: none"> <li>• <b>Chair:</b> Professor Chris Whitty CB FMedSci</li> </ul> <p>A chance to explore what we know about strategies for the clinical management of people with multimorbidity, and to identify opportunities to improve care.</p>
16.15 – 17.15	<p><b>General discussion and conclusions</b></p> <p><b>Chair:</b> Professor Naomi Levitt</p>
17.15 – 17.30	<p><b>Final remarks</b></p> <ul style="list-style-type: none"> <li>• Professor Naomi Levitt and Professor Stephen MacMahon FMedSci</li> </ul>
17.30	<b>Meeting close</b>
17.30 – 18.30	<p><b>Funders post-meeting wash-up</b></p> <p>An opportunity for funders to reflect and agree on ways forward.</p>