



Alcohol and cannabis consumption by young people in France

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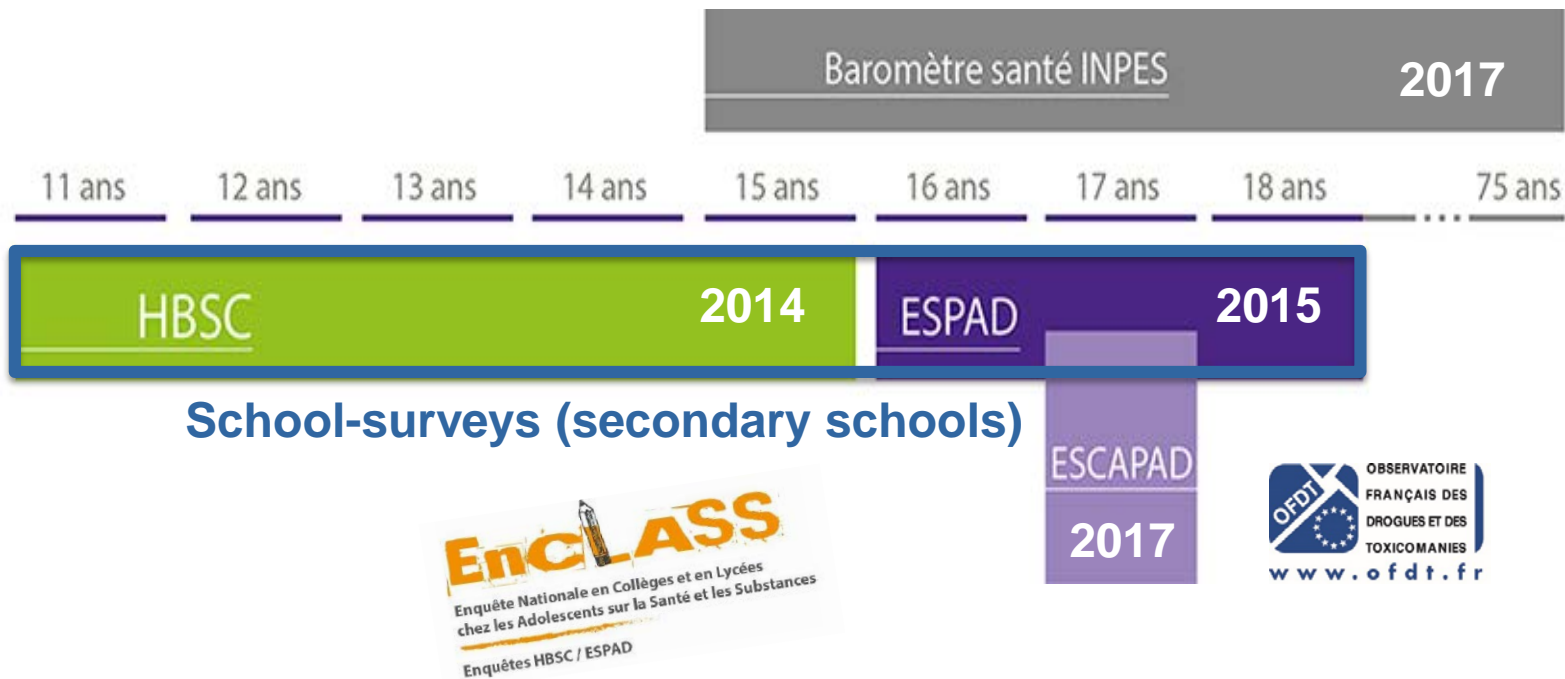
EHESP, Rennes – UMR1027 Inserm-UPS, Toulouse

Stanislas Spilka, OFDT, Paris

Virginie Ehlinger, UMR1027 Inserm-UPS, Toulouse



Overview of main sources of data on substance use by young people in France



Experimentation & regular use of alcohol among 11-15 y-o (HBSC 2014), 17 y-o (ESCAPAD 2014) & 18-25 y-o (Baromètre 2014), by gender (%)

Alcool



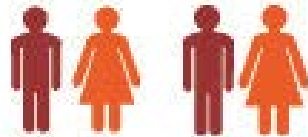
11 ans

13 ans

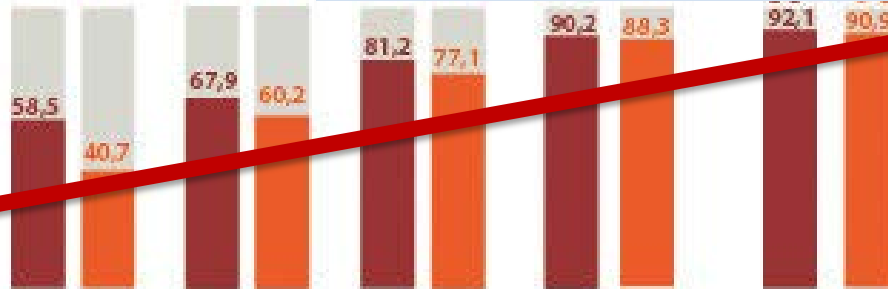
15 ans

17 ans

18-25 ans

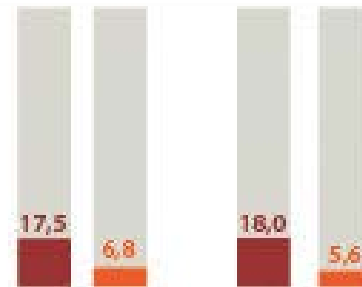


Experimentation
Half of students entering secondary school
9/10 young adults

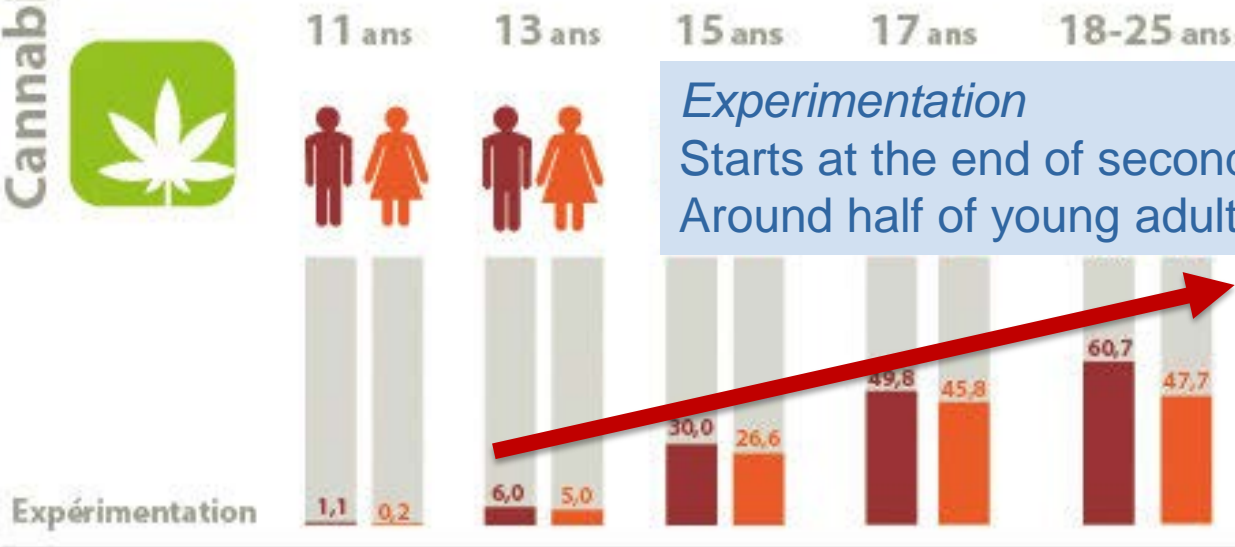


Expérimentation

Regular use (≥ 10 times/month)
Less prevalent
Boys >> girls

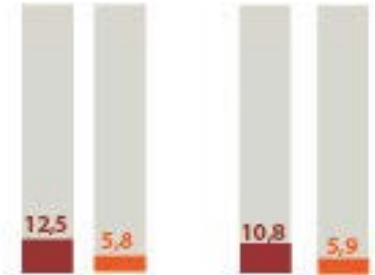


Experimentation & regular use of cannabis among 11-15 y-o (HBSC 2014), 17 y-o (ESCAPAD 2014) & 18-25 y-o (Baromètre 2014), by gender (%)



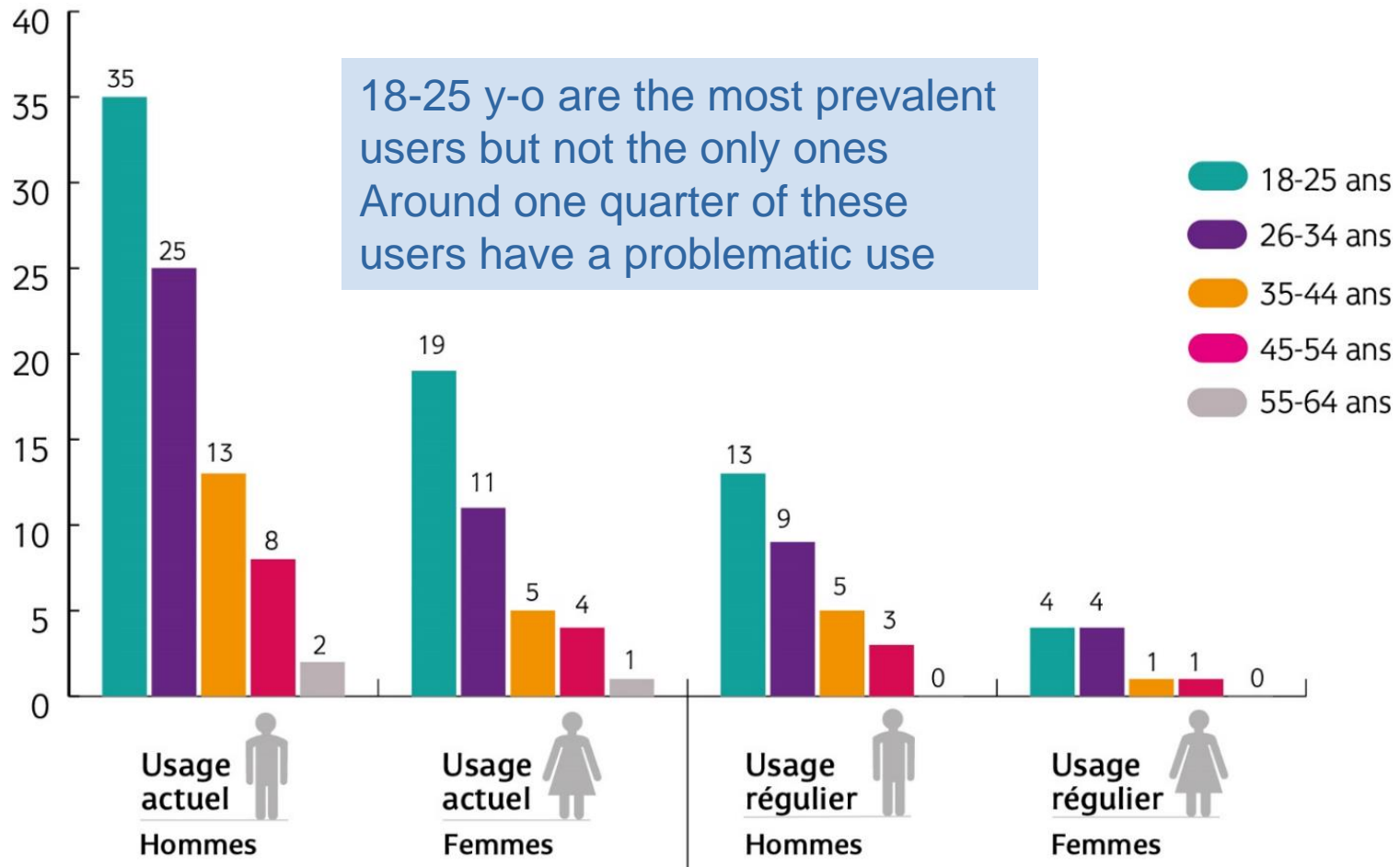
Experimentation
Starts at the end of secondary school
Around half of young adults

Regular use (≥ 10 times/month)
Less prevalent
Boys > girls



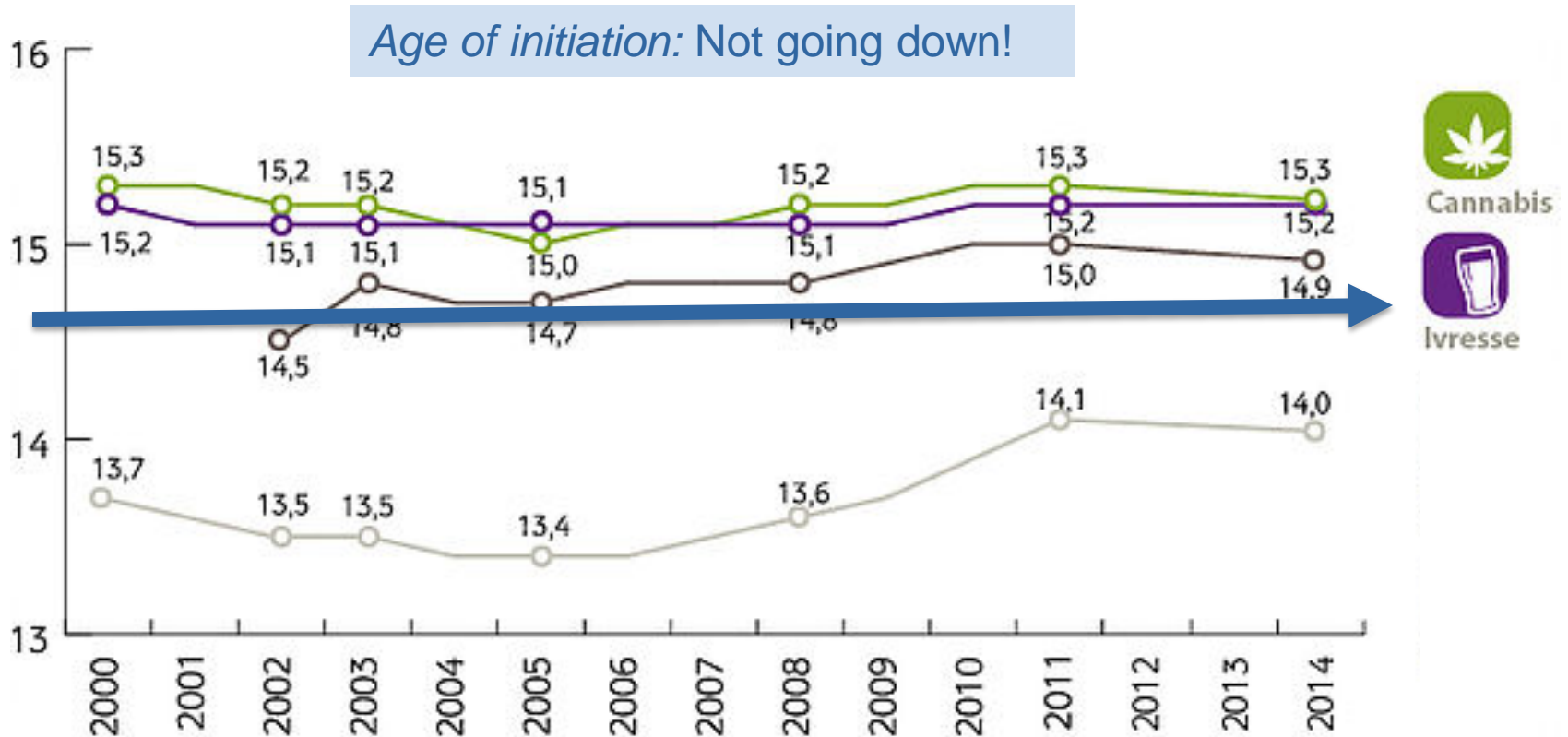
Cannabis use among adults in France (last year & regular use), by age group (%)

Baromètre santé 2017

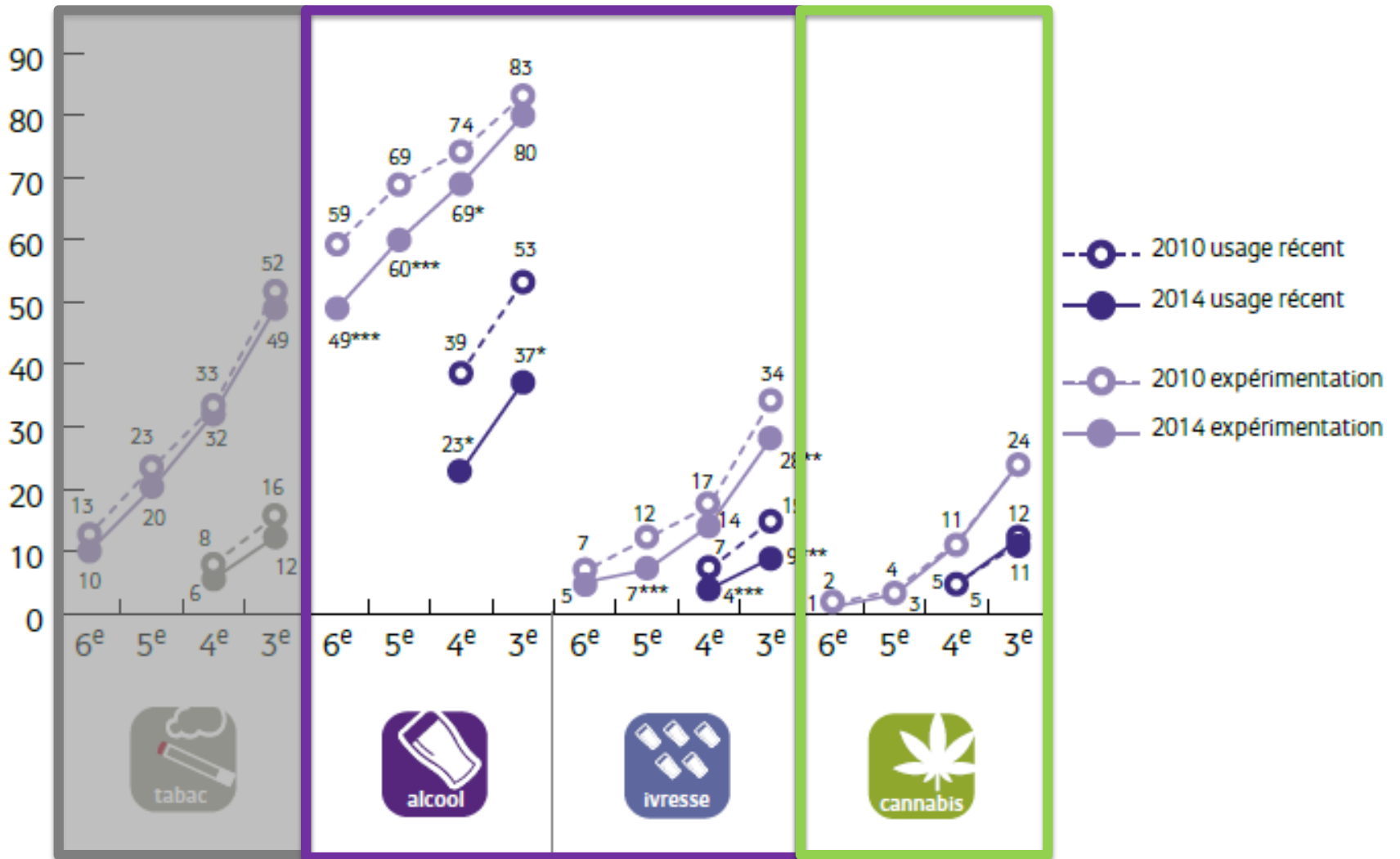


Trends

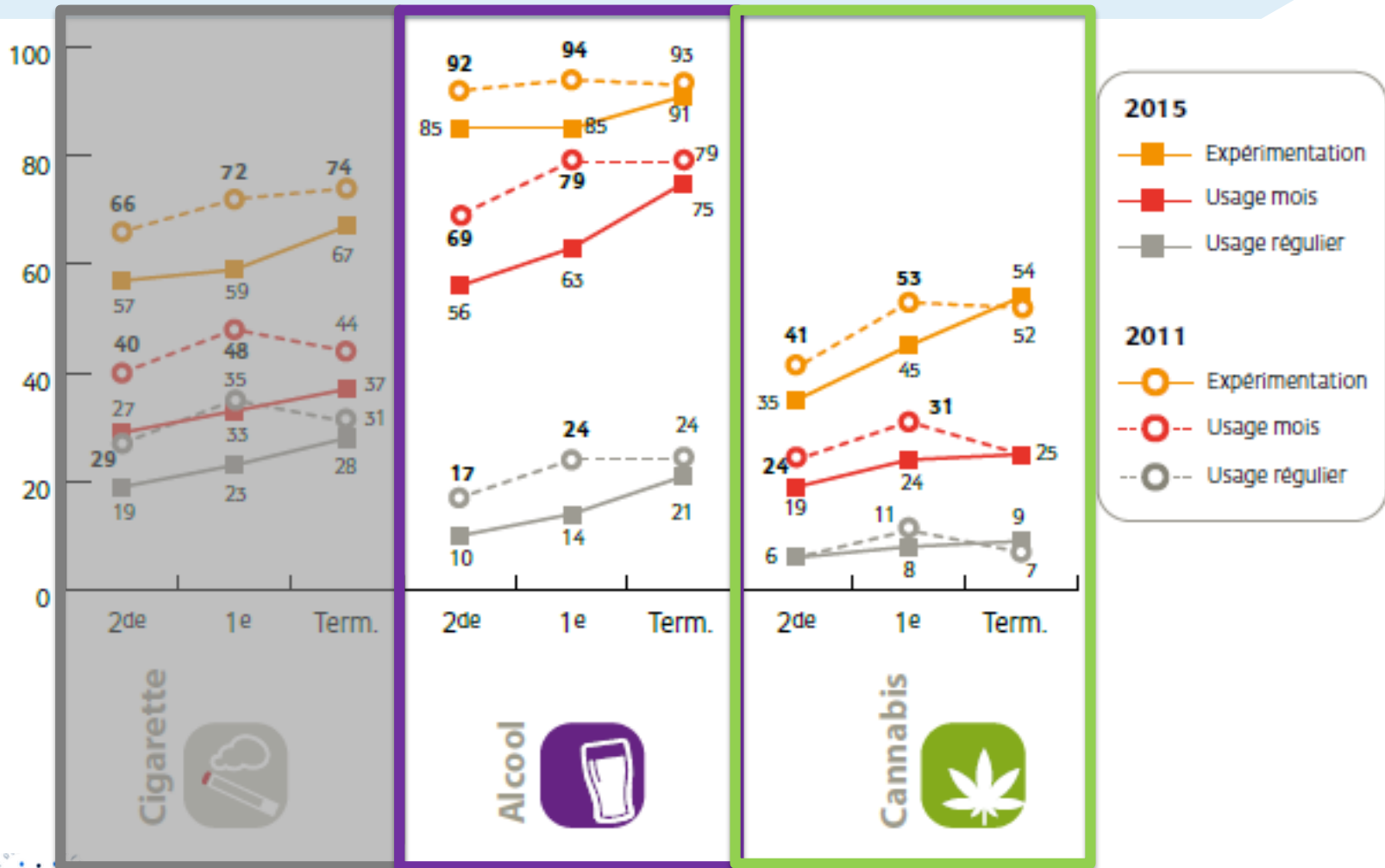
Mean age of substances use initiation, reported at age 17, 2000-2014, ESCAPAD



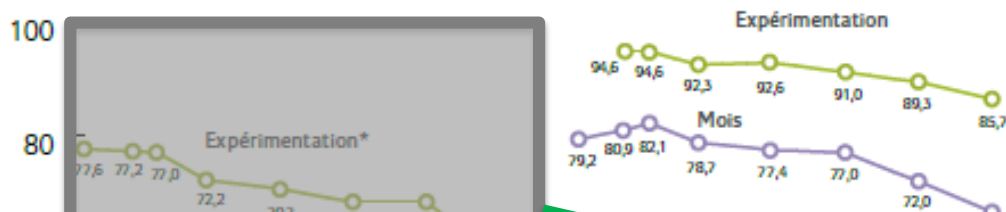
Substance use in « collège » (6th-9th grades) (%) 2010-2014, HBSC



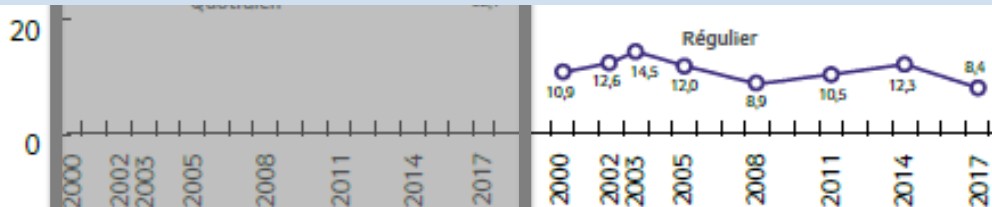
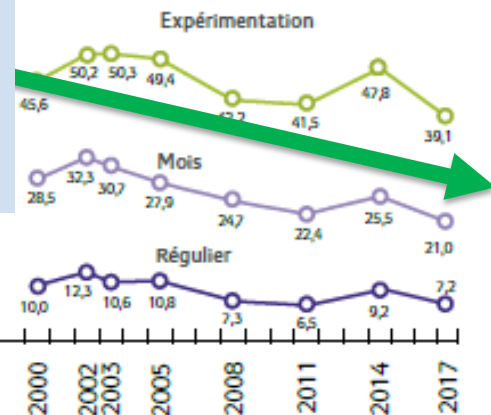
Substance use in « lycée » (10th-13th grades) (%) 2011-2015, ESPAD



Substance use at age 17, (%) 2000-2017, ESCAPAD



Rates are still high
 Lowest levels since 2000, from 5 to 15% of abstainers
 Less decrease regarding regular use
 Boys >> Girls for regular use



Tabac

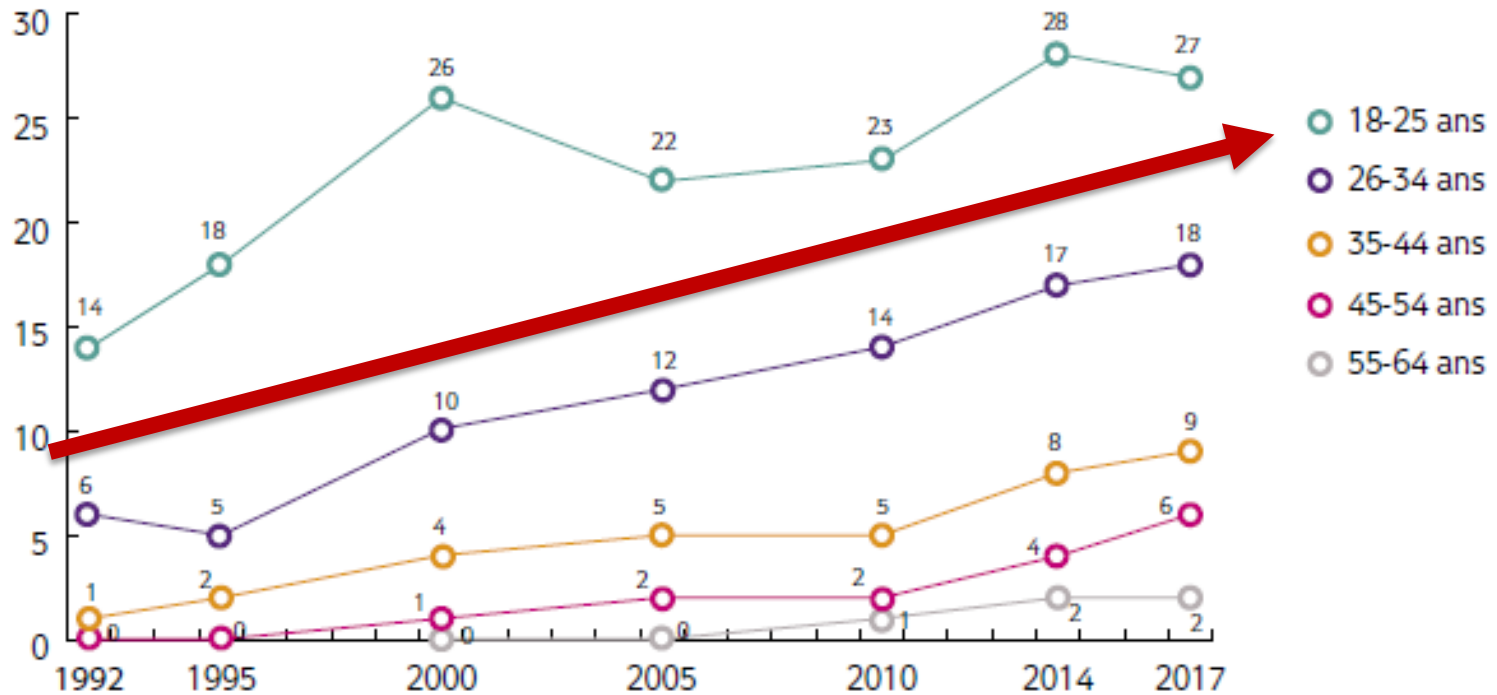


Alcool



Cannabis

Cannabis use last year, by age group, (%) 1992-2017, Baromètre santé 2017

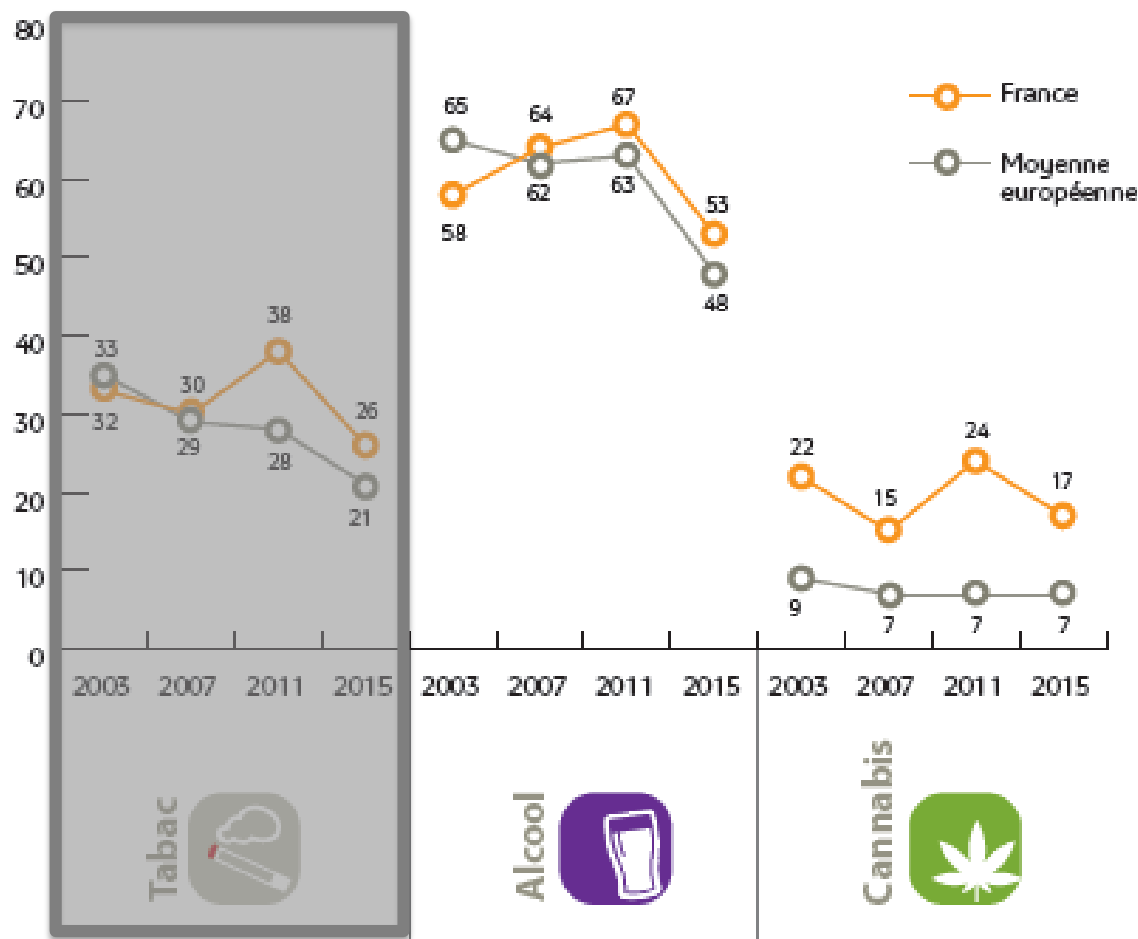


Sources : Baromètre santé 2017, Santé publique France, exploitation OFDT

International perspective

Alcohol and cannabis use last month among 16 y-o among French and EU 16 y-o students (%)

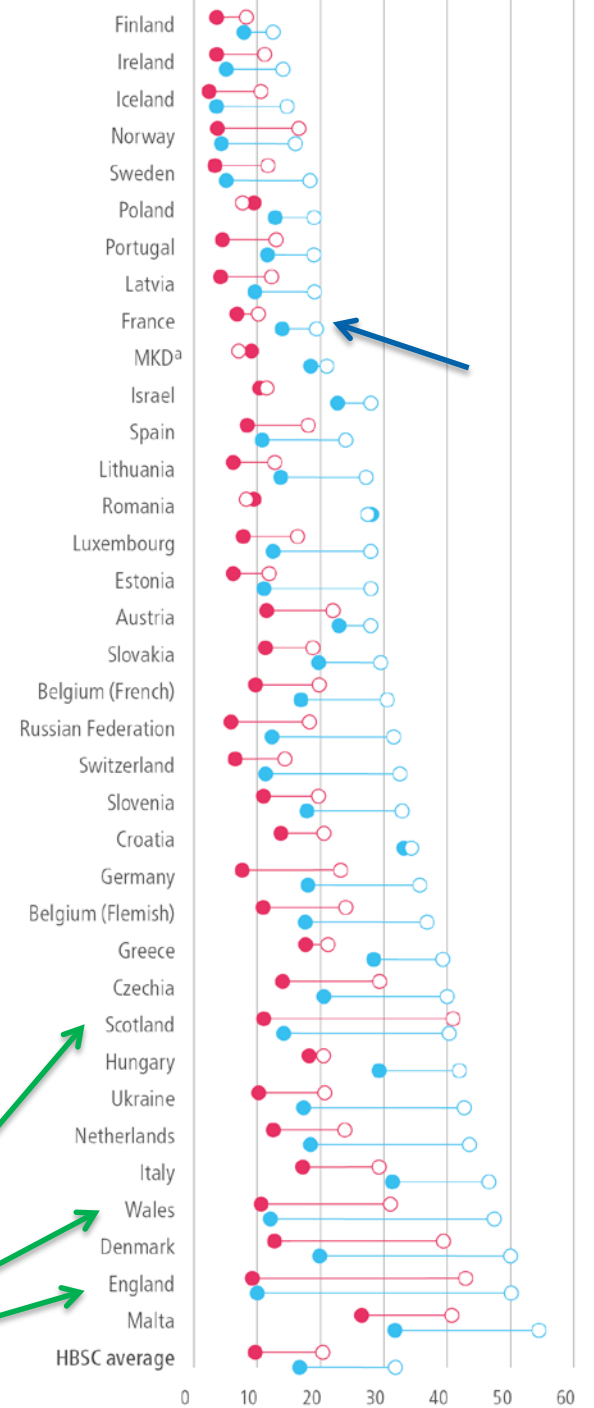
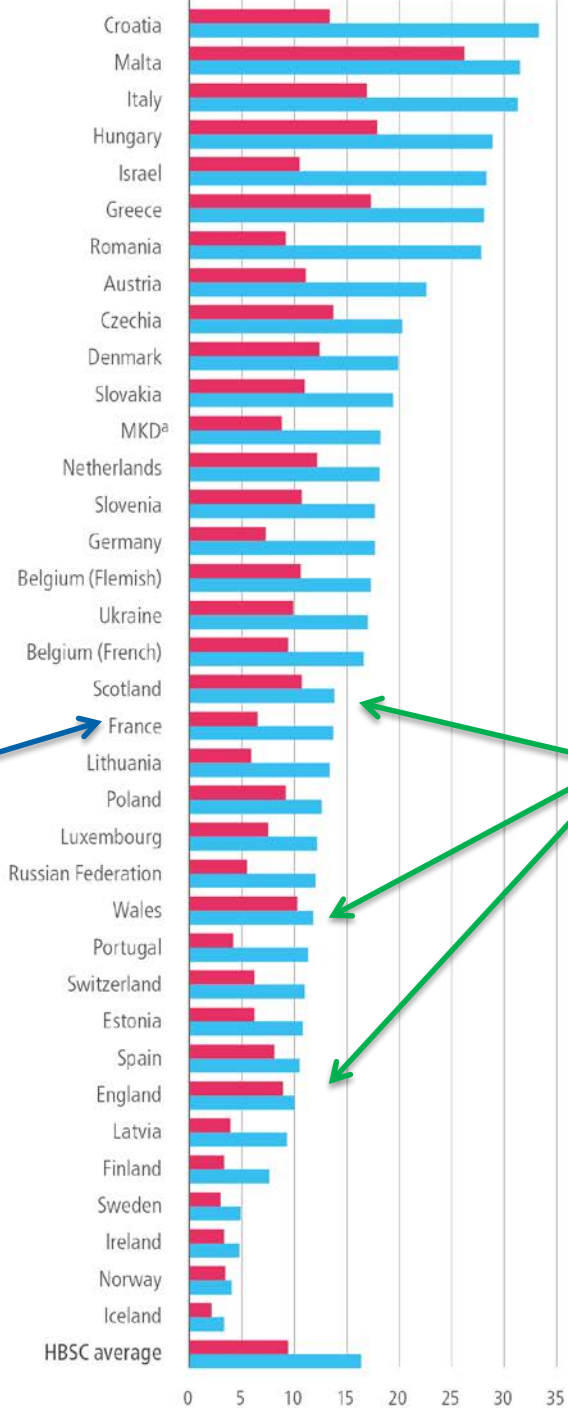
2003-2015, ESPAD



* : la moyenne européenne est calculée à partir des prévalences de l'ensemble des pays participants, y compris la France, chaque pays comptant pour un, indépendamment de sa taille.

Sources : ESPAD 2003, 2007, 2011 et 2015

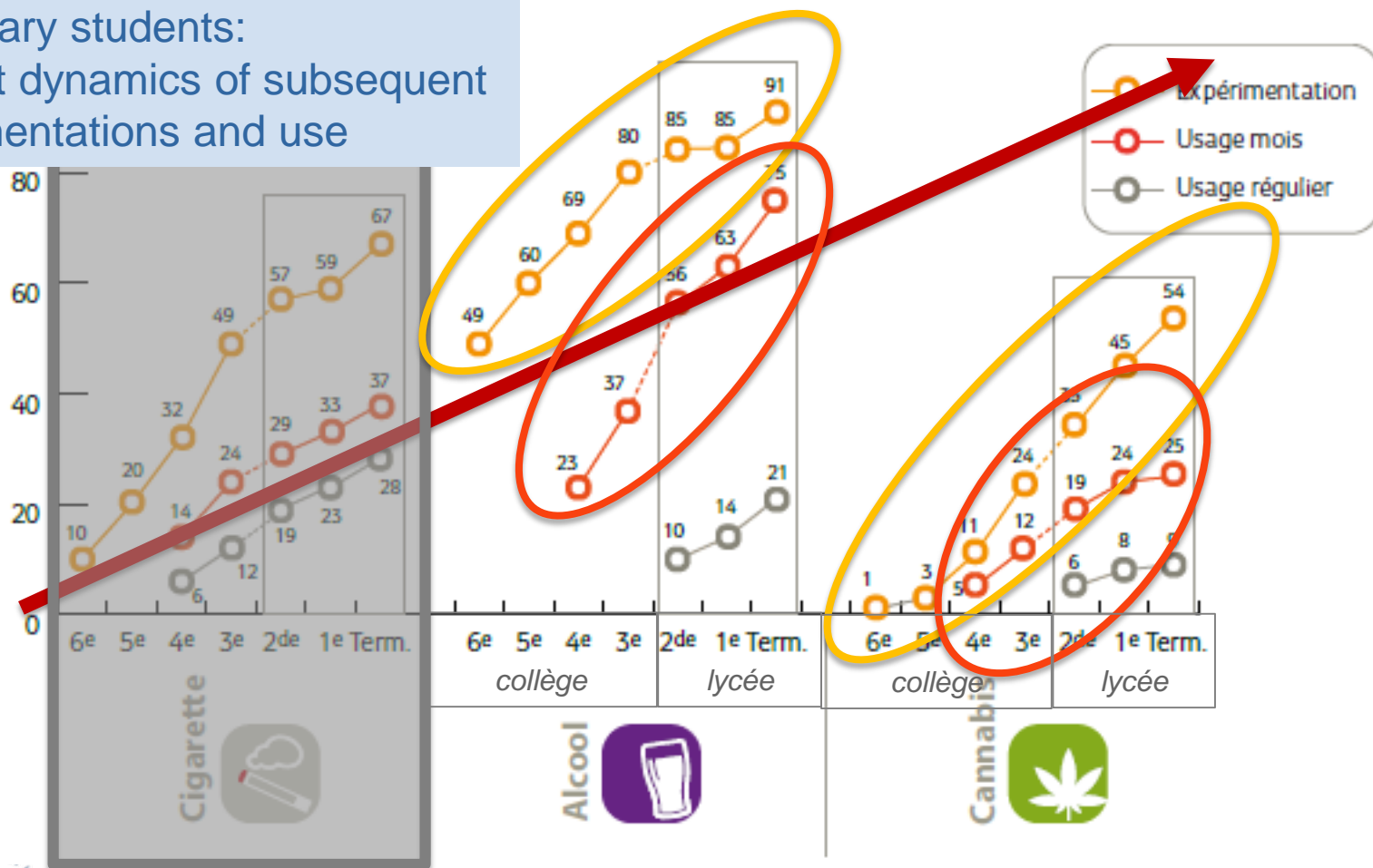
Weekly drinking, 15 y-o HBSC 2014 Changes 2002-2014



Focus on sub-groups of students

Secondary school, data among students from *collège* (6th-9th grades) & *lycée* (10th-12th grades), HBSC 2014 & ESPAD 2015 (%)

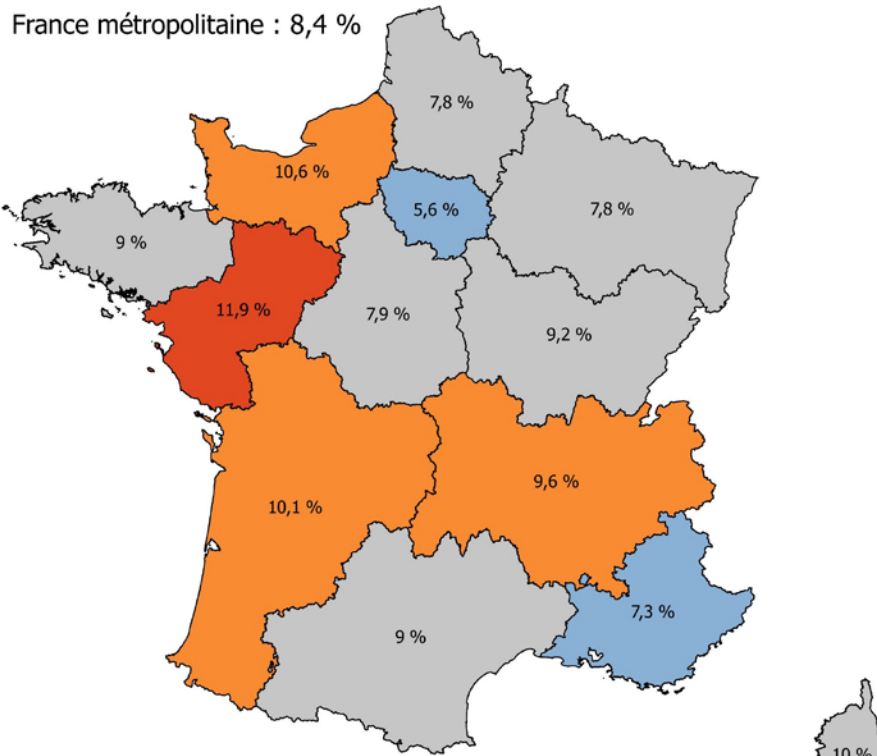
Secondary students:
different dynamics of subsequent
experimentations and use



Regular use among 17 y-o, by regions (%)

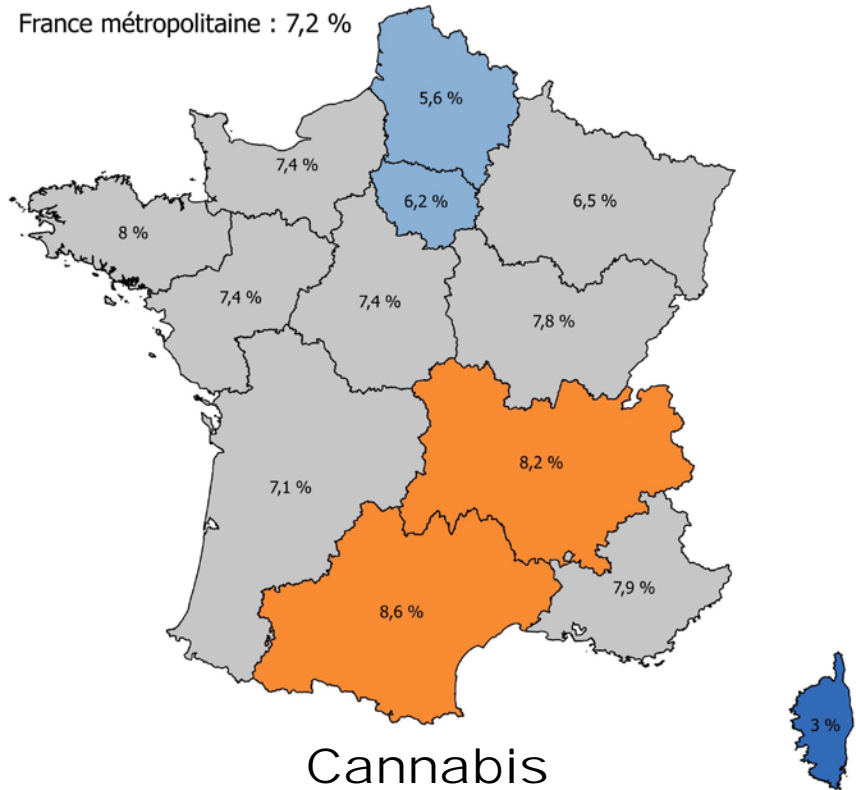
ESCAPAD, 2017

France métropolitaine : 8,4 %



Alcohol

France métropolitaine : 7,2 %



Cannabis

Main points regarding alcohol and cannabis use among French young people

- Prevalence of alcohol experimentation is still very high among young people in France (9/10) and starts early (1/2 in primary school)
- Excessive drinking is of concern. Regular alcohol use is less prevalent and both are higher among boys
- Half of secondary students will have experimented cannabis by the end of high-school
- As in other western countries, **substance use levels are going down**, but France still has the highest prevalence in Europe for cannabis use

Thank you!

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